

SBL Warriors Relays - 4/4/2023**SBL Track****Results****Event 1 Boys High Jump**

Name	Year	School	Finals	Points
Finals				
1 Sione Fifita	12	Le Mars	6-04.00	10
2 Jaron Bleeker	11	Bishop Heelan	6-00.00	8
3 Jacob Hoffman	12	Sgt. Bluff-Luton	5-10.00	6
4 Brysen Kolar	10	Oabcig	J5-10.00	4
5 Wichiang Hosnyang	10	Le Mars	5-08.00	2
6 Joe Hardy	09	Sgt. Bluff-Luton	J5-08.00	1
7 Wanding Hosnyang	11	Le Mars	x5-06.00	
8 Ty Jones	11	Hinton	J5-06.00	
9 Bill Macharia	10	Bishop Heelan	J5-06.00	
10 Isaiah Jervik	09	Sgt. Bluff-Luton	xJ5-06.00	
11 Scout Sneller	12	Sgt. Bluff-Luton	x5-02.00	
12 Tegan Bogh	09	Le Mars	xJ5-02.00	
12 Nolan Campbell	09	Bishop Heelan	xJ5-02.00	
14 Cooper Smith	09	CB Abe Lincoln	J5-02.00	
-- Logan Kempema	09	Hinton	NH	
-- Logan Coffee	09	Hinton	NH	
-- Isaiah Lusajo	10	CB Abe Lincoln	NH	
-- Tate Loffswold	10	Sgt. Bluff-Luton	X5-02.00	
-- Carter Gehling	09	Sgt. Bluff-Luton	X5-02.00	

Event 2 Girls High Jump

Name	Year	School	Finals	Points
1 Bailey Boeve	09	Hinton	4-10.00	10
2 Jaylynn Floyd	10	Glenwood	J4-10.00	8
3 Keisi Duran	10	Glenwood	J4-10.00	6
4 Imani Vogt	09	Bishop Heelan	4-08.00	4
5 Olivia Williams	11	CB Abe Lincoln	J4-08.00	2
6 Maya Hogrefe	09	Le Mars	4-06.00	1
7 Mackenzie Clifford	10	Bishop Heelan	J4-06.00	
8 Izzy Schaap	09	Sgt. Bluff-Luton	J4-06.00	
9 Jayden Kneifl	10	Sgt. Bluff-Luton	4-04.00	
-- Lydia Dix	10	CB Abe Lincoln	NH	
-- Bella Hirsch-Rollins	10	CB Abe Lincoln	NH	

Event 3 Boys Discus Throw

Name	Year	School	Finals	H#	Points
1 Tylar Lutgen	12	Sgt. Bluff-Luton	145-07	2	10
2 Aidan Perez	11	CB Abe Lincoln	139-03	2	8
3 Carson McInerney	10	Bishop Heelan	132-07	2	6
4 Kyle Spotts	12	Oabcig	122-06	2	4
5 Ryan Hoffman	11	Sgt. Bluff-Luton	122-02	2	2
6 Evan Jalas	11	Le Mars	119-00	2	1
7 Garrett Divis	12	Hinton	118-08	1	
8 Gavin Remer	10	Oabcig	114-01	2	
9 Reese Stokes	09	Hinton	111-09	1	
10 Adryan Jellema	11	Le Mars	110-11	2	
11 Seth Vander Sluis	11	Le Mars	x110-10	2	
12 Jake Travers	12	CB Abe Lincoln	110-00	2	

SBL Warriors Relays - 4/4/2023**SBL Track****Results****....Event 3 Boys Discus Throw**

13	Julian Jervik	11	Sgt. Bluff-Luton	x107-06	2
14	Jacob LaFleur	12	Bishop Heelan	103-08	1
15	Brooks Binneboese	10	Hinton	x100-10	1
16	Will Swanson	09	CB Abe Lincoln	x99-07	1
17	Carson Rees	10	Bishop Heelan	x95-08	1
18	Logan Gray	10	Bishop Heelan	x86-05	1
19	Aiden Kramer	10	Le Mars	x81-03	1
20	Colton Hall	09	Hinton	x81-01	1
21	Nikolas Segebart	09	Oabcig	x55-07	1
22	Ben Riessen	09	Oabcig	x55-00	1

Event 4 Girls Discus Throw

Name	Year	School	Finals	H#	Points	
1	Lauren Kounkel	11	Hinton	112-03	2	10
2	Maddie Kneifl	10	Sgt. Bluff-Luton	101-07	2	8
3	Abi Hiller	10	Glenwood	100-05	2	6
4	Libby Leraas	12	Le Mars	88-07	2	4
5	Lily Kirby	10	Le Mars	83-00	2	2
6	Aaliyah Vleck	10	Le Mars	x79-11	1	
7	Hailey Ritter	11	CB Abe Lincoln	79-01	1	1
8	Kamryn Hamilton	09	CB Abe Lincoln	77-07	2	
9	Lily Delperdang	09	Sgt. Bluff-Luton	77-06	2	
10	Madeline Woods	09	CB Abe Lincoln	x76-04	1	
11	Addison Kibby	11	Le Mars	x74-10	2	
12	Deim Reis	10	Oabcig	74-08	1	
13	Morgan Divis	09	Hinton	74-06	2	
14	Stella Remer	09	Oabcig	73-02	2	
15	Maggie Smith	09	Glenwood	70-05	2	
16	Sara Kolle	11	Glenwood	x70-04	1	
17	Savannah Peters	10	Sgt. Bluff-Luton	x69-02	1	
18	Amya Ryba	09	Bishop Heelan	65-07	1	
19	Javin Gatch	09	CB Abe Lincoln	x59-01	1	
20	Joely Vanecek	11	Glenwood	x57-01	1	
21	Sara Skoudus	11	Hinton	x47-01	1	

Event 5 Girls Long Jump

Name	Year	School	Finals	H#	Points	
1	Kenley Meis	12	Bishop Heelan	16-05.00	2	10
2	Jenna Hopp	12	Glenwood	15-11.00	2	8
3	Brigid McGowan	10	Bishop Heelan	15-05.00	2	6
4	Shannon Cleary	09	Bishop Heelan	x15-03.50	2	
5	Addison Fichter	11	Glenwood	15-02.00	2	4
6	Bailey Boeve	09	Hinton	15-01.50	2	2
7	Stella Hector	11	Le Mars	14-11.00	1	1
8	Allie Kruse	10	Le Mars	14-03.00	1	
8	Alize Rau	10	Bishop Heelan	x14-03.00	2	
10	Ava Lang	10	Hinton	14-02.00	2	
11	Ivory Rogers	09	Sgt. Bluff-Luton	13-11.50	1	
12	Hailey Bender	09	Oabcig	13-10.00	2	
12	Holly McNaughton	10	Le Mars	x13-10.00	1	
14	Keisi Duran	10	Glenwood	x13-08.00	2	

SBL Warriors Relays - 4/4/2023**SBL Track****Results****....Event 5 Girls Long Jump**

15 Katelyn Koster	11 Le Mars	x13-07.00	1
16 Maia McGinty	09 Sgt. Bluff-Luton	13-04.00	1
17 Elaina Dougherty	10 Glenwood	x13-01.50	1
18 Ella Ter Wee	09 Sgt. Bluff-Luton	x13-00.00	1
19 Kenzie Stowe	11 Sgt. Bluff-Luton	x12-10.00	1
20 Preslie Girres	10 CB Abe Lincoln	12-08.50	1
21 Hutson Rau	10 CB Abe Lincoln	12-02.50	2
-- Carli Lake	09 Sgt. Bluff-Luton	X11-03.50	1

Event 6 Boys Long Jump

Name	Year School	Finals	H#	Points
1 Gabe Winterrowd	12 Oabcig	21-05.00	2	10
2 Beckett DeJean	12 Oabcig	20-06.00	2	8
3 Tyler Smith	12 Sgt. Bluff-Luton	19-07.00	2	6
4 Bodie Hansen	10 Oabcig	x18-11.00	2	
5 Anthony White	09 Bishop Heelan	18-04.00	1	4
6 Will Hagestrom	09 Hinton	18-00.00	2	2
7 Noah Venteicher	12 Le Mars	17-11.00	1	1
8 James Arlt	10 Bishop Heelan	17-08.50	1	
9 Colton Barker	10 Bishop Heelan	x17-08.00	1	
10 Andrew Grant	09 Le Mars	17-07.00	2	
11 Max Lippert	12 CB Abe Lincoln	17-06.50	1	
12 Levi Schnetzer	10 Le Mars	x17-02.00	1	
13 Daniel Delarosa	09 Sgt. Bluff-Luton	16-07.50	1	
14 Gannon Aymar	12 Sgt. Bluff-Luton	x16-06.00	2	
15 Gavin Warren	09 Sgt. Bluff-Luton	x16-04.50	1	
16 Quinn Laskie	11 Le Mars	x15-02.50	1	
-- Carson Rose	10 Bishop Heelan	FOUL	2	
-- Gabe Anderson	10 Hinton	FOUL	2	
-- Jack Schoenfelder	10 Sgt. Bluff-Luton	X17-04.00	1	

Event 7 Girls Shot Put

Name	Year School	Finals	H#	Points
1 Lauren Kounkel	11 Hinton	37-00.00	2	10
2 Stella Remer	09 Oabcig	30-02.50	2	8
3 Kamryn Hamilton	09 CB Abe Lincoln	30-02.00	2	6
4 Jasmine Shields	09 CB Abe Lincoln	29-09.00	1	4
5 Libby Leraas	12 Le Mars	29-06.00	2	2
6 Joely Vanecek	11 Glenwood	28-10.00	2	1
7 Lily Kirby	10 Le Mars	28-08.00	2	
8 Addison Kibby	11 Le Mars	x28-07.50	2	
9 Deim Reis	10 Oabcig	27-06.00	1	
10 Morgan Divis	09 Hinton	27-05.50	2	
11 Maggie Smith	09 Glenwood	27-03.00	2	
12 Savannah Peters	10 Sgt. Bluff-Luton	26-06.00	2	
13 Maddie Stratton	11 Glenwood	x25-10.00	1	
14 Kylee Rolling	09 Le Mars	x25-05.00	1	
15 Abby Kueffer	09 Sgt. Bluff-Luton	24-07.00	1	
16 Amya Ryba	09 Bishop Heelan	24-01.00	1	
17 Tana Witt	12 CB Abe Lincoln	x23-06.00	1	
18 Madeline Woods	09 CB Abe Lincoln	x22-10.00	1	

SBL Warriors Relays - 4/4/2023**SBL Track****Results****....Event 7 Girls Shot Put**

19 Joli Johnston	10 Glenwood	x22-08.00	1
20 Sara Skoudus	11 Hinton	x21-03.00	1

Event 8 Boys Shot Put

Name	Year	School	Finals	H#	Points
1 Garrett Divis	12	Hinton	J43-05.00	2	10
2 Carson McInerney	10	Bishop Heelan	J43-05.00	2	8
3 Kyle Spotts	12	Oabcig	42-04.00	2	6
4 Alex Wilson	10	Sgt. Bluff-Luton	42-03.00	2	4
5 Brooks Binneboese	10	Hinton	41-01.25	2	2
6 Aidan Perez	11	CB Abe Lincoln	40-10.00	2	1
7 Logan Gray	10	Bishop Heelan	39-10.50	2	
8 Julian Jervik	11	Sgt. Bluff-Luton	39-01.00	1	
9 Reese Stokes	09	Hinton	x38-09.00	2	
10 Steven Smith	12	CB Abe Lincoln	36-09.00	2	
11 Agustin Moreno	11	Bishop Heelan	x35-10.00	2	
12 Adryan Jellema	11	Le Mars	35-07.00	1	
13 Kyle Wiese	11	Hinton	x34-07.00	2	
14 Jake Travers	12	CB Abe Lincoln	x34-03.00	1	
15 Aiden Kramer	10	Le Mars	33-11.25	1	
16 Carson Ott	12	Le Mars	x33-08.75	1	
17 Gavin Remer	10	Oabcig	32-07.00	1	
18 Carter Gill	12	Sgt. Bluff-Luton	x32-06.25	1	
19 Evan Jalas	11	Le Mars	x32-06.00	2	
20 Rex Case	10	CB Abe Lincoln	x31-08.50	1	
21 Clayton Dunn	09	Sgt. Bluff-Luton	x25-08.00	1	
22 Nikolas Segebart	09	Oabcig	x23-06.25	1	
23 Ben Riessen	09	Oabcig	x19-06.00	1	
-- Hayden Overgaard	09	Bishop Heelan	X46-00.25	2	
-- Jackson Georgopoulos	09	Sgt. Bluff-Luton	X23-04.00	1	
-- Tyler Guthmiller	09	Sgt. Bluff-Luton	X21-00.00	1	

Event 9 Girls 3000 Meter Run

Name	Year	School	Finals	Points
1 Madelyn Berglund	10	Glenwood	11:22.97	10
2 Becca Hulinsky	12	Le Mars	12:13.41	8
3 Ruby Johnson	09	CB Abe Lincoln	12:39.29	6
4 Gabby Ryan	12	Sgt. Bluff-Luton	12:48.12	4
5 Olivia Schnabel	09	Oabcig	13:42.34	2
6 Sonia Fitch	10	CB Abe Lincoln	14:16.02	1
7 Ruby Harper	10	Hinton	15:03.51	
8 Morgan Vogt	10	Hinton	16:16.65	

Event 10 Boys 4x200 Meter Relay

School	Finals	H#	Points
1 Le Mars 'A'	1:37.09	2	10
1) Matt Vondrak 12			
2) Jami Sitzmann 09			
3) Israel Beltran 09			
4) Beau Wadle 11			
2 Hinton 'A'	1:37.80	2	8

SBL Warriors Relays - 4/4/2023**SBL Track****Results****....Event 10 Boys 4x200 Meter Relay**

1) Daniel Blackwell 11	2) Garrett Lindley 11			
3) Ty Jones 11	4) Caden Winters 12			
3 Oabcig 'A'		1:41.20	2	6
1) Kelton Ladwig 11	2) Treyten Kolar 12			
3) Brysen Kolar 10	4) Bodie Hansen 10			
4 Bishop Heelan 'A'		1:41.68	2	4
1) Isaiah Favors 11	2) Tiarus Slanger 11			
3) Bill Macharia 10	4) Will Pattee 10			
5 Le Mars 'C'		x1:42.42	1	
1) Noah Venteicher 12	2) Wanding Hosnyang 11			
3) Nolan Kass 11	4) Kole Carpenter 11			
6 Sergeant Bluff-Luton 'A'		1:42.93	2	2
1) Evan Spanel 10	2) Gavin Warren 09			
3) Carter Eldridge 11	4) Joe Hardy 09			
7 Le Mars 'B'		x1:44.23	1	
1) Andrew Grant 09	2) Hudson Kass 09			
3) Tycen Augustine 09	4) Levi Schnetzer 10			
8 Bishop Heelan 'B'		x1:47.35	1	
1) Talen Peterson 09	2) Nolan Campbell 09			
3) Colton Barker 10	4) Anthony White 09			
9 Council Bluffs Abraham Lincoln 'A'		1:47.56	2	1
1) Damari Dameron-Guyton 11	2) Cooper Smith 09			
3) Max Lippert 12	4) Isaiah Lusajo 10			
10 Council Bluffs Abraham Lincoln 'B'		x1:49.74	1	
1) Caden Dorr 11	2) Joah Rasmussen 10			
3) Gavin Huff 10	4) Andy Fichter 11			
11 Hinton 'B'		x1:50.66	1	
1) Julian Small 09	2) Colton Hall 09			
3) Logan Kempema 09	4) Logan Coffee 09			
12 Sergeant Bluff-Luton 'B'		x1:53.04	1	
1) Isaiah Jervik 09	2) Braden Hensley 09			
3) Abram Keokenchanh 09	4) Parker Kilburn 09			
13 Oabcig 'B'		x1:58.06	1	
1) Caiden Miller 10	2) Anthony Santana-Solis 10			
3) Quintin Samway 10	4) Marshall Skinner 09			

Event 11 Girls 4x200 Meter Relay

School		Finals	H#	Points
1 Glenwood 'A'		1:55.17	2	10
1) Zoie Carda 11	2) Jenna Hopp 12			
3) Courtney Crawford 10	4) Jaylynn Floyd 10			
2 Le Mars 'A'		1:56.50	2	8
1) Holly McNaughton 10	2) Jenna Allen 12			
3) Stella Hector 11	4) Madi Huls 11			
3 Sergeant Bluff-Luton 'A'		1:56.73	2	6
1) Taylor Prosser 11	2) Kendall Ahrendt 12			
3) Cori Griebel 12	4) Bre VanDenTop 09			
4 Oabcig 'A'		2:00.76	2	4
1) Abby Winterrowd 11	2) Allie Godbersen 09			
3) Sydney Neubauer 09	4) Patience Johnson 12			
5 Glenwood 'B'		x2:01.25	1	
1) Maddie Stratton 11	2) Kayden Kahl 12			
3) Maya Schau 10	4) Elaina Dougherty 10			

SBL Warriors Relays - 4/4/2023**SBL Track****Results****....Event 11 Girls 4x200 Meter Relay**

6 Hinton 'A'		2:02.29	2	2
1) Rylee Faith 12	2) Ava Lang 10			
3) Carlene Hicklin 11	4) Kyra Shaw 12			
7 Le Mars 'B'		x2:03.46	1	
1) Allie Kruse 10	2) Ahrianna Westhoff 10			
3) Julia Sadoski 12	4) Katelyn Koster 11			
8 Bishop Heelan 'B'		2:05.35	1	1
1) Rosario Argueta 09	2) Faith Sokolowski 10			
3) Maria Brown 09	4) Madison Grant 09			
9 Council Bluffs Abraham Lincoln 'A'		2:07.68	2	
1) Neveah Gramh 11	2) Paige Calmer 10			
3) Sara Corbetta 12	4) Olivia Williams 11			
10 Oabcig 'B'		x2:09.72	1	
1) Fiona Ahonen 11	2) Avery Behrendsen 11			
3) Kylee O'Brien 10	4) Hailey Bender 09			
11 Hinton 'B'		x2:09.90	1	
1) Hannah Poulson 10	2) Becca Lahrs 09			
3) Katelyn Hoefling 09	4) Olivia Petersen 10			
12 Le Mars 'C'		x2:12.31	1	
1) Mackenna Frerichs 09	2) Taylor Rolfes 09			
3) Aaliyah Vleck 10	4) Emma Finkbiner 10			
-- Council Bluffs Abraham Lincoln 'B'		DQ	1	4th runner cut
1) Valeria Martinez Conteras 11	2) Kylie Crawford 10			
3) Audrey Lowe 10	4) Dominique Zarate 10			

Event 12 Boys 3200 Meter Run

Name	Year School	Finals	Points
1 Michael Wieseler	11 Sgt. Bluff-Luton	11:09.54	10
2 Zach Sypersma	12 Hinton	11:44.46	8
3 Hunter Maier	09 Oabcig	12:03.01	6
4 Michael Murra	11 Le Mars	12:05.29	4
5 David Gehling	11 Sgt. Bluff-Luton	12:27.05	2

Event 13 Boys 4x110 Meter Shuttle Hurdle

School	Finals	H#	Points
1 Oabcig 'A'	1:02.96	2	10
1) Kelton Ladwig 11	2) Brysen Kolar 10		
3) Treyten Kolar 12	4) Beckett DeJean 12		
2 Bishop Heelan 'A'	1:06.01	2	8
1) Drew Uhl 11	2) James Arlt 10		
3) Fisher Uhl 10	4) Hunter Wauhob 10		
3 Hinton 'A'	1:10.17	2	6
1) Gabe Anderson 10	2) Garrett Lindley 11		
3) Jacob Bishop 10	4) Garrett Stahl 12		
4 Sergeant Bluff-Luton 'A'	1:11.96	2	4
1) Justin Johnson 12	2) Collin Bliven 10		
3) Scout Sneller 12	4) Jacob Hoffman 12		
5 Le Mars 'A'	1:13.10	1	2
1) Wichiang Hosnyang 10	2) Tegan Bogh 09		
3) Tycen Augustine 09	4) Levi Schnetzer 10		
6 Sergeant Bluff-Luton 'B'	x1:15.07	1	

SBL Warriors Relays - 4/4/2023**SBL Track****Results****....Event 13 Boys 4x110 Meter Shuttle Hurdle**

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|-------------------------|------------------------|
| 1) Carter Gehling 09 | 2) Collin Verros 10 |
| 3) Jack Schoenfelder 10 | 4) Crew Christensen 09 |

Event 14 Girls 4x100 Meter Shuttle Hurdle

School	Finals	H#	Points
1 Le Mars 'A'	1:14.13	2	10
1) Savannah Manley 12	2) Aubree Leusink 10		
3) Sophie Buhman 11	4) Liberty Larson 11		
2 Glenwood 'A'	1:14.14	2	8
1) Courtney Crawford 10	2) Kayden Kahl 12		
3) Kate Hughes 12	4) Carlie Clemmer 11		
3 Oabcig 'A'	1:15.37	2	6
1) Anna Hoffman 10	2) Kenai Nielsen 11		
3) Avery Behrendsen 11	4) Hailey Bender 09		
4 Council Bluffs Abraham Lincoln 'A'	1:18.68	1	4
1) Preslie Girres 10	2) Dominique Zarate 10		
3) Malene Peterson 09	4) Jasmine Shields 09		
5 Hinton 'A'	1:21.77	1	2
1) Allison Hoefling 09	2) Hannah Poulson 10		
3) Becca Lahrs 09	4) Carlene Hicklin 11		
6 Sergeant Bluff-Luton 'A'	1:22.23	1	1
1) Kenzie Stowe 11	2) Ella Ter Wee 09		
3) Carli Lake 09	4) Keylee Jesionowski 09		

Event 15 Girls 100 Meter Dash

Name	Year School	Finals	H#	Points
1 Allison Koontz	10 Glenwood	13.07	3	10
2 Ava Watkins	11 CB Abe Lincoln	13.28	3	8
3 Aubrey Sandbothe	10 CB Abe Lincoln	13.39	3	6
4 Kendall Ahrendt	12 Sgt. Bluff-Luton	14.00	3	4
5 Maria Brown	09 Bishop Heelan	14.10	2	2
6 Keisi Duran	10 Glenwood	14.10	3	1
7 Ivory Rogers	09 Sgt. Bluff-Luton	14.31	1	
8 Cori Griebel	12 Sgt. Bluff-Luton	x14.35	3	
9 Brenna Emerson	10 Bishop Heelan	14.40	3	
10 Addison Wheeler	10 Sgt. Bluff-Luton	x14.51	1	
11 Olivia Petersen	10 Hinton	14.62	2	
12 Kyra Shaw	12 Hinton	14.78	3	
13 Haley Harms	12 Oabcig	15.23	2	
14 Maia Mcginty	09 Sgt. Bluff-Luton	x15.26	1	
15 Abby Kueffer	09 Sgt. Bluff-Luton	x15.70	1	
16 Kendra Baker	10 Oabcig	16.03	2	
17 Caitlyn Sanow	12 Le Mars	19.01	2	
18 Addalyn Anderson	12 Le Mars	19.94	2	

Event 16 Boys 100 Meter Dash

Name	Year School	Finals	H#	Points
1 Sean Schaefer	11 Bishop Heelan	11.47	3	10
2 Ethan Behrendsen	11 Oabcig	11.56	3	8

SBL Warriors Relays - 4/4/2023**SBL Track****Results****...Event 16 Boys 100 Meter Dash**

3 Daniel Blackwell	11 Hinton	11.69	3	6
4 Matt Vondrak	12 Le Mars	11.70	3	4
5 Tiarus Slinger	11 Bishop Heelan	11.86	3	2
6 Ryan Sadoski	12 Le Mars	12.03	3	1
7 Kellan Benson	10 Sgt. Bluff-Luton	12.19	3	
8 Will Hagestrom	09 Hinton	12.28	3	
9 Evan Spanel	10 Sgt. Bluff-Luton	12.35	2	
10 Isaiah Lusafo	10 CB Abe Lincoln	12.78	2	
11 Anthony Santana-Solis	10 Oabcig	13.02	2	
12 Damari Dameron-Guyton	11 CB Abe Lincoln	13.12	2	
13 Cassidy Craig	11 Sgt. Bluff-Luton	x13.19	1	
14 Braden Hensley	09 Sgt. Bluff-Luton	x13.47	1	
15 Abram Keokenchanh	09 Sgt. Bluff-Luton	x13.56	1	
16 Parker Kilburn	09 Sgt. Bluff-Luton	x14.11	1	
17 Jackson Georgopoulos	09 Sgt. Bluff-Luton	x14.13	1	
18 Tyler Guthmiller	09 Sgt. Bluff-Luton	x16.31	1	

Event 17 Girls Distance Medley

School	Finals	Points
1 Glenwood 'A'	4:42.58	10
1) Jaylynn Floyd 10		
2) Jenna Hopp 12		
3) Brooklyn Schultz 10		
4) Madelyn Berglund 10		
2 Hinton 'A'	4:43.71	8
1) Ava Lang 10		
2) Carlene Hicklin 11		
3) Rylee Faith 12		
4) Gabbie Friessen 11		
3 Le Mars 'A'	4:50.02	6
1) Holly McNaughton 10		
2) Ahrianna Westhoff 10		
3) Sienna Kass 10		
4) Makenzie DeRocher 09		
4 Council Bluffs Abraham Lincoln 'A'	4:57.92	4
1) Lydia Dix 10		
2) Hutson Rau 10		
3) Hailey Holcombe 11		
4) Kylie Richardson 12		
5 Bishop Heelan 'A'	5:03.72	2
1) Charlie Wiener 10		
2) Anna Otten 10		
3) Imani Vogt 09		
4) Addison Bertrand 09		
6 Oabcig 'A'	5:51.89	1
1) Hailey Bender 09		
2) Kylee O'Brien 10		
3) Aubrey Taylor 09		
4) Abigail Bergman 09		

Event 18 Girls 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Breckyn Petersen	10 Glenwood	1:03.92	2	10
2 Aubrey Sandbothe	10 CB Abe Lincoln	1:03.94	2	8
3 Jayden Kneifl	10 Sgt. Bluff-Luton	1:06.91	2	6
4 Ashlyn Kovarna	11 Hinton	1:07.82	2	4
5 Izzy Schaap	09 Sgt. Bluff-Luton	1:09.36	2	2
6 Peyton Beeck	09 Hinton	1:12.24	2	1
7 Ella Richards	10 Glenwood	1:13.90	1	
8 Haley Harms	12 Oabcig	1:22.38	1	
9 Tana Witt	12 CB Abe Lincoln	1:22.73	1	
10 Kailey Esler	10 Le Mars	1:27.13	1	
11 Jovie Riccio	10 Le Mars	1:27.38	1	

SBL Warriors Relays - 4/4/2023**SBL Track****Results****....Event 18 Girls 400 Meter Dash**

12 Whitney Johnson	09 Oabcig	1:33.60	1
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Event 19 Boys 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Gabe Winterrowd	12 Oabcig	53.90	2	10
2 Trace Obbink	11 Le Mars	54.63	2	8
3 Kellan Benson	10 Sgt. Bluff-Luton	55.32	2	6
4 Gannon Aymar	12 Sgt. Bluff-Luton	55.74	2	4
5 Jayden Nelson	10 Le Mars	57.94	2	2
6 Talon Sexton	09 Bishop Heelan	58.88	2	1
7 Tommy Pattee	09 Bishop Heelan	1:01.81	1	
8 Zander Gray	10 Sgt. Bluff-Luton	x1:02.81	1	
9 Jack Beeck	10 Hinton	1:04.34	1	
10 Aaron Belayneh	09 Sgt. Bluff-Luton	x1:07.70	1	
11 Alex Weir	09 Oabcig	1:14.06	1	

Event 20 Girls 4x400 Meter Relay

School	Finals	H#	Points
1 Glenwood 'A'	4:23.04	2	10
1) Brooklyn Schultz 10	2) Jenna Hopp 12		
3) Neyla Nanfито 11	4) Danika Arnold 11		
2 Hinton 'A'	4:26.91	2	8
1) Ashlyn Kovarna 11	2) Rylee Faith 12		
3) Gabbie Friessen 11	4) Kadence Peters 11		
3 Bishop Heelan 'A'	4:28.15	2	6
1) Maddie Demke 11	2) Ava Wiltgen 10		
3) Kenley Meis 12	4) Scarlett Walsh 11		
4 Le Mars 'A'	4:31.42	2	4
1) Sienna Kass 10	2) Madi Huls 11		
3) Maya Hogrefe 09	4) Makenzie DeRocher 09		
5 Council Bluffs Abraham Lincoln 'A'	4:44.76	2	2
1) Hutson Rau 10	2) Olivia Williams 11		
3) Hailey Holcombe 11	4) Abby LaSale 12		
6 Oabcig 'A'	4:49.72	2	1
1) Abby Winterrowd 11	2) Allie Godbersen 09		
3) Sydney Neubauer 09	4) Anna Hoffman 10		
7 Sergeant Bluff-Luton 'A'	4:50.72	2	
1) Jayden Kneifl 10	2) Izzy Schaap 09		
3) Maia McGinty 09	4) Ivory Rogers 09		
8 Glenwood 'B'	x4:54.15	1	
1) Maya Schau 10	2) Audrina Johansen 09		
3) Emma Johnson 10	4) Averi Newman 09		
9 Bishop Heelan 'B'	x4:55.22	1	
1) Imani Vogt 09	2) Grace Roerig 09		
3) Afton Morran 09	4) Ashleigh Jochum 09		
10 Oabcig 'B'	x5:12.78	1	
1) Fiona Ahonen 11	2) Avery Behrendsen 11		
3) Kylee O'Brien 10	4) Abigail Bergman 09		
11 Le Mars 'B'	x5:27.21	1	
1) Brenna Leraas 10	2) Rose Lammers 09		
3) Abby Feuerhelm 10	4) Kailey Esler 10		

SBL Warriors Relays - 4/4/2023**SBL Track****Results****....Event 20 Girls 4x400 Meter Relay**

12 Council Bluffs Abraham Lincoln 'B'	x5:37.73	1
1) Tana Witt 12	2) Sara Corbetta 12	
3) Emmarie Taylor 10	4) Elizabeth Escobar 11	

Event 21 Boys 4x400 Meter Relay

School	Finals	H#	Points
1 Sergeant Bluff-Luton 'A'	3:34.71	2	10
1) Scott Kroll 12	2) Gannon Aymar 12		
3) Easton Wheeler 12	4) Evan Janzen 12		
2 Bishop Heelan 'A'	3:42.55	2	8
1) James Arlt 10	2) Drew Uhl 11		
3) Kannon Bork 11	4) Quinn Olson 11		
3 Le Mars 'A'	3:46.21	2	6
1) Alex Allen 11	2) Connor Jalas 12		
3) Quinn Laskie 11	4) Wanding Hosnyang 11		
4 Sergeant Bluff-Luton 'B'	x3:54.66	1	
1) Isaiah Jervik 09	2) Jack Moreau 12		
3) Daniel Delarosa 09	4) Carter Eldridge 11		
5 Le Mars 'C'	x3:56.81	1	
1) Conner Peterson 12	2) Sam McIntyre 12		
3) Seth Vander Sluis 11	4) Jett Schmid 10		
6 Hinton 'A'	3:57.04	2	4
1) Caden Winters 12	2) Gabe Anderson 10		
3) Cale Sudbeck 12	4) Beau DeRocher 12		
7 Hinton 'B'	x4:06.29	1	
1) Jackson Kounkel 09	2) Cole Friessen 09		
3) Brett Leitru 09	4) Ian Greigg 10		
8 Le Mars 'B'	x4:10.63	1	
1) Jayden Nelson 10	2) Tate Murphy 10		
3) Kreed Schroeder 09	4) Isaiah Tolzin 09		
9 Oabcig 'A'	4:16.21	2	2
1) Brysen Kolar 10	2) Jayms Williams 10		
3) Bodie Hansen 10	4) Andrew Parks 10		
-- Bishop Heelan 'B'	FS	1	
1) Anthony Villatoro-Sutton 09	2) Colton Barker 10		
3) Austin Pelster 09	4) Talon Sexton 09		

Event 22 Girls 100 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Carlie Clemmer	11 Glenwood	16.31	2	10
2 Bailey Boeve	09 Hinton	16.40	2	8
3 Savannah Manley	12 Le Mars	17.52	2	6
4 Anna Hoffman	10 Oabcig	17.78	2	4
5 Liberty Larson	11 Le Mars	18.49	1	2
6 Sophie Buhman	11 Le Mars	x18.71	2	
7 Keylee Jesionowski	09 Sgt. Bluff-Luton	18.96	1	1
8 Preslie Girres	10 CB Abe Lincoln	19.23	2	
9 Kate Hughes	12 Glenwood	19.24	1	
10 Allison Hoefling	09 Hinton	20.27	2	
11 Kenzie Stowe	11 Sgt. Bluff-Luton	20.87	1	
12 Ella Ter Wee	09 Sgt. Bluff-Luton	x21.53	1	

SBL Warriors Relays - 4/4/2023**SBL Track****Results****....Event 22 Girls 100 Meter Hurdles**

13 Carli Lake	09 Sgt. Bluff-Luton	x22.15	1
14 Malene Peterson	09 CB Abe Lincoln	23.90	1

Event 23 Boys 110 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Beckett DeJean	12 Oabcig	15.41	2	10
2 Ryan Sadoski	12 Le Mars	16.27	2	8
3 Hunter Wauhob	10 Bishop Heelan	16.40	2	6
4 Garrett Stahl	12 Hinton	16.85	2	4
5 Gabe Anderson	10 Hinton	17.15	2	2
6 Tegan Bogh	09 Le Mars	17.83	2	1
7 Collin Bliven	10 Sgt. Bluff-Luton	18.38	1	
8 Jack Schoenfelder	10 Sgt. Bluff-Luton	18.67	1	
9 Justin Johnson	12 Sgt. Bluff-Luton	x19.95	1	
10 Fisher Uhl	10 Bishop Heelan	19.99	1	
11 Collin Verros	10 Sgt. Bluff-Luton	x20.11	1	
12 Evan Lang	09 CB Abe Lincoln	21.35	1	

Event 24 Boys 1600 Meter Run

Name	Year School	Finals	Points
1 Trace Obbink	11 Le Mars	4:58.28	10
2 Cody Smith	11 CB Abe Lincoln	5:01.80	8
3 Cooper Nelson	10 Hinton	5:17.15	6
4 Michael Wieseler	11 Sgt. Bluff-Luton	5:21.18	4
5 Aaron Lee	10 Le Mars	5:21.21	2
6 Caleb Bower	09 Hinton	5:27.40	1
7 Will Bertrand	09 Bishop Heelan	5:41.73	
8 David Gehling	11 Sgt. Bluff-Luton	5:46.15	
9 Kasey McGregor	10 Sgt. Bluff-Luton	x5:51.50	
10 CJ Rooney	09 Bishop Heelan	6:00.09	
11 Robert Siford	12 CB Abe Lincoln	6:04.59	
12 Quintin Samway	10 Oabcig	6:09.97	
13 Alex Weir	09 Oabcig	6:11.86	
14 Ayden Larrabee	09 Sgt. Bluff-Luton	x6:16.76	

Event 25 Girls 800 Meter Run

Name	Year School	Finals	Points
1 Kadence Peters	11 Hinton	2:40.37	10
2 Neyla Nanfito	11 Glenwood	2:43.58	8
3 Makenzie DeRocher	09 Le Mars	2:43.64	6
4 Grace Roerig	09 Bishop Heelan	2:44.26	4
5 Karlyn Kovarna	09 Hinton	2:45.94	2
6 Ashleigh Jochum	09 Bishop Heelan	2:49.22	1
7 Korbyn Savary	09 Sgt. Bluff-Luton	2:55.37	
8 Kendal Hamerlinck	11 Le Mars	2:56.67	
9 Kylie Richardson	12 CB Abe Lincoln	2:59.57	
10 Sophia Karras	12 Sgt. Bluff-Luton	3:03.77	
11 Micah Smith	09 Glenwood	3:12.49	
12 KayLynn Kepler Thomason	10 CB Abe Lincoln	4:27.14	

SBL Warriors Relays - 4/4/2023**SBL Track****Results****Event 26 Girls 200 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Danika Arnold	11	Glenwood	27.36	3	10
2 Shannon Cleary	09	Bishop Heelan	28.07	3	8
3 Bre VanDenTop	09	Sgt. Bluff-Luton	28.11	3	6
4 Aubrey Sandbothe	10	CB Abe Lincoln	28.23	3	4
5 Abby Winterrowd	11	Oabcig	28.56	3	2
6 Taylor Prosser	11	Sgt. Bluff-Luton	28.76	3	1
7 Ashlyn Kovarna	11	Hinton	28.80	3	
8 Alize Rau	10	Bishop Heelan	28.92	2	
9 Ava Watkins	11	CB Abe Lincoln	29.18	3	
10 Ella Richards	10	Glenwood	29.65	2	
11 Izzy Schaap	09	Sgt. Bluff-Luton	x30.14	1	
12 Ivory Rogers	09	Sgt. Bluff-Luton	x30.38	1	
13 Kyra Shaw	12	Hinton	30.90	2	
14 Addison Wheeler	10	Sgt. Bluff-Luton	x31.22	1	
15 Maia Mcginty	09	Sgt. Bluff-Luton	x32.39	1	
16 Aubrey Taylor	09	Oabcig	36.57	2	
17 Caitlyn Sanow	12	Le Mars	41.74	2	
18 Addalyn Anderson	12	Le Mars	43.10	2	

Event 27 Boys 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Sione Fifita	12	Le Mars	23.40	3	10
2 Gabe Winterrowd	12	Oabcig	23.43	3	8
3 Ethan Behrendsen	11	Oabcig	23.47	3	6
4 Easton Wheeler	12	Sgt. Bluff-Luton	23.75	3	4
5 Scott Kroll	12	Sgt. Bluff-Luton	24.19	3	2
6 Garrett Lindley	11	Hinton	25.31	2	1
7 Tyler Smith	12	Sgt. Bluff-Luton	x26.27	2	
8 Zander Gray	10	Sgt. Bluff-Luton	x26.84	1	
9 Karson Ludwig	11	Hinton	27.30	2	
10 Cassidy Craig	11	Sgt. Bluff-Luton	x27.67	1	
11 Cooper Smith	09	CB Abe Lincoln	28.04	2	
12 Aaron Belayneh	09	Sgt. Bluff-Luton	x29.09	1	
13 Jackson Georgopoulos	09	Sgt. Bluff-Luton	x29.64	1	
14 Tyler Guthmiller	09	Sgt. Bluff-Luton	x34.50	1	

Event 28 Girls 400 Meter Hurdles

Name	Year	School	Finals	Points
1 Abby LaSale	12	CB Abe Lincoln	1:11.19	10
2 Carlie Clemmer	11	Glenwood	1:12.65	8
3 Breckyn Petersen	10	Glenwood	1:13.18	6
4 Keylee Jesionowski	09	Sgt. Bluff-Luton	1:22.04	4
5 Preslie Girres	10	CB Abe Lincoln	1:22.44	2
6 Jennie Brent -ferguson	10	Le Mars	1:24.03	1
7 Marilyn Roller	09	Le Mars	1:25.57	

SBL Warriors Relays - 4/4/2023**SBL Track****Results****Event 29 Boys 400 Meter Hurdles**

Name	Year	School	Finals	H#	Points
1 Jacob Hoffman	12	Sgt. Bluff-Luton	1:04.48	2	10
2 Wichiang Hosnyang	10	Le Mars	1:05.05	2	8
3 Tycen Augustine	09	Le Mars	1:07.26	2	6
4 Tate Loffswold	10	Sgt. Bluff-Luton	1:08.04	1	4
5 Collin Bliven	10	Sgt. Bluff-Luton	x1:08.93	2	
6 Kyle Leary	10	Hinton	1:09.74	2	2
7 Caden Lester	09	Bishop Heelan	1:10.71	2	1
8 Carter Gehling	09	Sgt. Bluff-Luton	x1:11.08	1	
9 Hunter Maier	09	Oabcig	1:13.82	2	
10 Karver DeGroot	09	Hinton	1:13.89	2	
11 Crew Christensen	09	Sgt. Bluff-Luton	x1:14.29	1	

Event 30 Boys Distance Medley

School	Finals	Points
1 Sergeant Bluff-Luton 'A'	3:54.61	10
1) Easton Wheeler 12		
3) Scott Kroll 12		
2 Le Mars 'A'	4:13.12	8
1) Carson Ott 12		
3) Quinn Laskie 11		
3 Le Mars 'B'	x4:24.24	
1) Kole Carpenter 11		
3) Tate Murphy 10		
4 Hinton 'A'	4:28.08	6
1) Jacob Bishop 10		
3) Carson Sudbeck 10		
5 Oabcig 'A'	5:21.97	4
1) Gage Leed 11		
3) Caiden Miller 10		

Event 31 Girls 800 Sprint Medley

School	Finals	Points
1 Glenwood 'A'	1:54.76	10
1) Zoie Carda 11		
3) Danika Arnold 11		
2 Le Mars 'A'	1:58.59	8
1) Aubree Leusink 10		
3) Madi Huls 11		
3 Council Bluffs Abraham Lincoln 'A'	1:58.75	6
1) Ava Watkins 11		
3) Hutson Rau 10		
4 Hinton 'A'	2:00.97	4
1) Allison Hoefling 09		
3) Ashlyn Kovarna 11		
5 Sergeant Bluff-Luton 'A'	2:01.46	2
1) Kendall Ahrendt 12		
3) Bre VanDenTop 09		
6 Bishop Heelan 'A'	2:08.09	1
1) Rosario Argueta 09		

SBL Warriors Relays - 4/4/2023**SBL Track****Results****....Event 31 Girls 800 Sprint Medley**

3) Kiki Demke 10	4) Maliyah Hacker 10
7 Oabcig 'A'	2:10.33
1) Haley Harms 12	2) Patience Johnson 12
3) Allie Godbersen 09	4) Sydney Neubauer 09

Event 32 Girls 1500 Meter Run

Name	Year School	Finals	Points
1 Madelyn Berglund	10 Glenwood	5:22.22	10
2 Lauren Hughes	11 Glenwood	5:30.28	8
3 Kaci Allen	11 Hinton	5:34.35	6
4 Ruby Johnson	09 CB Abe Lincoln	5:48.19	4
5 Becca Hulinsky	12 Le Mars	5:49.75	2
6 Ellie Ritz	12 Bishop Heelan	5:50.50	1
7 Bjella Bockenstedt	09 Sgt. Bluff-Luton	5:56.16	
8 Delaney Saulsbury	10 Bishop Heelan	5:59.62	
9 Gabby Ryan	12 Sgt. Bluff-Luton	6:13.87	
10 Halle Walton	11 CB Abe Lincoln	6:16.47	
11 Olivia Schnabel	09 Oabcig	6:35.05	

Event 33 Boys 800 Meter Run

Name	Year School	Finals	Points
1 Alex Allen	11 Le Mars	2:09.97	10
2 Eli Otten	12 Bishop Heelan	2:14.02	8
3 Jack Moreau	12 Sgt. Bluff-Luton	2:18.31	6
4 Karson Fitch	10 Bishop Heelan	2:18.32	4
5 Robert Siford	12 CB Abe Lincoln	2:22.57	2
6 Zach Sypersma	12 Hinton	2:27.21	1
7 Lucas Fitch	12 CB Abe Lincoln	2:35.36	
8 Michael Murra	11 Le Mars	2:37.83	
-- Kasey McGregor	10 Sgt. Bluff-Luton	X2:26.41	
-- Ayden Larrabee	09 Sgt. Bluff-Luton	X2:29.21	

Event 34 Girls 4x800 Meter Relay

School	Finals	Points
1 Hinton 'A'	10:34.87	10
1) Ava Lang 10	2) Kaci Allen 11	
3) Kadence Peters 11	4) Gabbie Friessen 11	
2 Bishop Heelan 'A'	10:44.68	8
1) Maddie Demke 11	2) Ellie Ritz 12	
3) Scarlett Walsh 11	4) Delaney Saulsbury 10	
3 Glenwood 'A'	10:52.22	6
1) Neyla Nanfito 11	2) Breckyn Petersen 10	
3) Lauren Hughes 11	4) Brooklyn Schultz 10	
4 Sergeant Bluff-Luton 'A'	11:17.50	4
1) Jayden Kneifl 10	2) Sophia Karras 12	
3) Korbyn Savary 09	4) Bjella Bockenstedt 09	
5 Council Bluffs Abraham Lincoln 'A'	11:50.21	2
1) Kylie Richardson 12	2) Emily Billings 10	
3) Halle Walton 11	4) KayLynn Kepler Thomason 10	

SBL Warriors Relays - 4/4/2023**SBL Track****Results****....Event 34 Girls 4x800 Meter Relay**

6 Le Mars 'A'	11:50.23	1
1) Maya Hogrefe 09	2) Marilyn Roller 09	
3) Kendal Hamerlinck 11	4) Allie Schrunck 11	
7 Glenwood 'B'	x12:23.83	
1) Maya Schau 10	2) Audrina Johansen 09	
3) Emma Johnson 10	4) Averil Newman 09	
8 Le Mars 'B'	x13:03.99	
1) Jennie Brent -ferguson 10	2) Brenna Leraas 10	
3) Abby Feuerhelm 10	4) Rose Lammers 09	
9 Council Bluffs Abraham Lincoln 'B'	x14:50.14	
1) Eliana Brown 12	2) Emmarie Taylor 10	
3) Dominique Zarate 10	4) Valeria Martinez Conteras 11	

Event 35 Boys 4x800 Meter Relay

School	Finals	Points
1 Sergeant Bluff-Luton 'A'	9:16.67	10
1) Gannon Aymar 12	2) Carter Eldridge 11	
3) Jack Moreau 12	4) Daniel Delarosa 09	
2 Hinton 'A'	9:30.89	8
1) Caleb Bower 09	2) Cooper Nelson 10	
3) Dylan Hartman 12	4) Cale Sudbeck 12	
3 Le Mars 'A'	9:35.29	6
1) Conner Peterson 12	2) Sam McIntyre 12	
3) Seth Vander Sluis 11	4) Jett Schmid 10	
4 Bishop Heelan 'A'	9:45.15	4
1) Anthony Villatoro-Sutton 09	2) Will Bertrand 09	
3) Ben Walsh 09	4) Caden Lester 09	
5 Council Bluffs Abraham Lincoln 'A'	9:47.87	2
1) Robert Siford 12	2) Cody Smith 11	
3) Lucas Fitch 12	4) Alex Johnston 10	
6 Hinton 'B'	x10:37.57	
1) Jackson Kounkel 09	2) Cole Friessen 09	
3) Jack Diediker 09	4) Brett Leitru 09	

Event 36 Girls 4x100 Meter Relay

School	Finals	Points
1 Glenwood 'A'	51.89	10
1) Zoie Carda 11	2) Allison Koontz 10	
3) Jaylynn Floyd 10	4) Danika Arnold 11	
2 Sergeant Bluff-Luton 'A'	53.98	8
1) Taylor Prosser 11	2) Kendall Ahrendt 12	
3) Cori Griebel 12	4) Bre VanDenTop 09	
3 Le Mars 'A'	54.70	6
1) Stella Hector 11	2) Jenna Allen 12	
3) Aubree Leusink 10	4) Allie Kruse 10	
4 Council Bluffs Abraham Lincoln 'A'	55.12	4
1) Ava Watkins 11	2) Lydia Dix 10	
3) Hailey Holcombe 11	4) Abby LaSale 12	
5 Oabcig 'A'	55.49	2
1) Anna Hoffman 10	2) Abby Winterrowd 11	
3) Patience Johnson 12	4) Allie Godbersen 09	

SBL Warriors Relays - 4/4/2023**SBL Track****Results****....Event 36 Girls 4x100 Meter Relay**

6 Le Mars 'B'		x56.68	
1) Savannah Manley 12	2) Ahrianna Westhoff 10		
3) Katelyn Koster 11	4) Julia Sadoski 12		
7 Hinton 'A'		57.61	1
1) Kyra Shaw 12	2) Olivia Petersen 10		
3) Peyton Beeck 09	4) Hannah Poulson 10		
8 Le Mars 'C'		x1:00.56	
1) Liberty Larson 11	2) Taylor Rolfes 09		
3) Mackenna Frerichs 09	4) Emma Finkbiner 10		

Event 37 Boys 4x100 Meter Relay

School		Finals	Points
1 Oabcig 'A'		45.25	10
1) Gabe Winterrowd 12	2) Kelton Ladwig 11		
3) Ethan Behrendsen 11	4) Beckett DeJean 12		
2 Le Mars 'A'		45.72	8
1) Matt Vondrak 12	2) Sione Fifita 12		
3) Israel Beltran 09	4) Beau Wadle 11		
3 Bishop Heelan 'A'		46.40	6
1) Hunter Wauhob 10	2) Will Pattee 10		
3) Carson Rose 10	4) Isaiah Favors 11		
4 Hinton 'A'		46.84	4
1) Daniel Blackwell 11	2) Ty Jones 11		
3) Will Hagestrom 09	4) Garrett Stahl 12		
5 Le Mars 'B'		x47.22	
1) Jami Sitzmann 09	2) Carson Ott 12		
3) Noah Venteicher 12	4) Ryan Sadoski 12		
6 Sergeant Bluff-Luton 'A'		48.29	2
1) Kellan Benson 10	2) Gavin Warren 09		
3) Carter Eldridge 11	4) Joe Hardy 09		
7 Sergeant Bluff-Luton 'B'		x49.50	
1) Evan Spanel 10	2) Isaiah Jervik 09		
3) Tyler Smith 12	4) Scout Sneller 12		
8 Council Bluffs Abraham Lincoln 'A'		50.67	1
1) Damari Dameron-Guyton 11	2) Cooper Smith 09		
3) Max Lippert 12	4) Andy Fichter 11		

Event 38 Boys 800 Sprint Medley

School		Finals	Points
1 Sergeant Bluff-Luton 'A'		1:37.87	10
1) Scott Kroll 12	2) Tyler Smith 12		
3) Easton Wheeler 12	4) Evan Janzen 12		
2 Le Mars 'A'		1:39.93	8
1) Israel Beltran 09	2) Beau Wadle 11		
3) Sione Fifita 12	4) Alex Allen 11		
3 Hinton 'A'		1:41.83	6
1) Daniel Blackwell 11	2) Will Hagestrom 09		
3) Caden Winters 12	4) Beau DeRocher 12		
4 Bishop Heelan 'A'		1:44.09	4
1) Isaiah Favors 11	2) Kannon Bork 11		
3) Quinn Olson 11	4) Carson Rose 10		

SBL Warriors Relays - 4/4/2023**SBL Track****Results****....Event 38 Boys 800 Sprint Medley**

5 Sergeant Bluff-Luton 'B'		x1:44.81	
1) Gavin Warren 09	2) Joe Hardy 09		
3) Evan Spanel 10	4) Kellan Benson 10		
6 Le Mars 'B'		x1:48.28	
1) Hudson Kass 09	2) Tegan Bogh 09		
3) Andrew Grant 09	4) Kreed Schroeder 09		
7 Oabcig 'A'		1:54.82	2
1) Treyten Kolar 12	2) Andrew Parks 10		
3) Jayms Williams 10	4) Gage Leed 11		

Event 39 Girls 4x100 Meter Relay Weight Perso

School	Finals
-- Le Mars 'B'	xNo Data
1) Liberty Larson 11	2) Taylor Rolfes 09
3) Mackenna Frerichs 09	4) Emma Finkbiner 10

Women - Team Rankings - 19 Events Scored

1) Glenwood	188	2) Hinton	98
3) Council Bluffs Abraham Lin	84	4) Le Mars	78
5) Sergeant Bluff-Luton	57	6) Bishop Heelan	54
7) OABCIG	30		

Men - Team Rankings - 19 Events Scored

1) Le Mars	136	2) Sergeant Bluff-Luton	129
3) OABCIG	114	4) Bishop Heelan	92
5) Hinton	87	6) Council Bluffs Abraham Li	23