

2023 WEC Meet - 5/1/2023

South O'Brien

Results - All Events-New

**Event 101 Girls 800 Sprint Medley**

Team	Relay	Finals
<b>Finals</b>		
1 Hinton	A	1:58.71 10
1) Burgad, Avery 11	2) Hicklin, Carlene 11	
3) Kovarna, Ashlyn 11	4) Faith, Rylee 12	
2 South O'Brien	A	2:00.77 8
1) Warnke, Kelsee 09	2) Strubbe, Camryn 09	
3) Warnke, Karlee 12	4) Conley, Taja 12	
3 Unity Chrst, OC	A	2:05.00 6
1) Hofland, Haley 11	2) Tinklenberg, Daylea 09	
3) Hoogland, Maddie 10	4) De Groot, Morgan 10	
4 Trinity Christ	A	2:06.68 4
1) Moss, Alicia 10	2) Andringa, Shelby 12	
3) Brummel, Joanna 10	4) De Jager, Makiah 11	
5 W Sioux Hwardn	A	2:08.10 2
1) Van Der Zwaag, Zoe 09	2) Waterman, Raelyn 09	
3) McMahon, Serenity 10	4) Coyle, Libby 09	
6 Hm-Sanborn	A	2:08.73 1
1) Mohnie, Frankie 10	2) Diehm, Payton 09	
3) Otto, Moriah 09	4) Otto, Abby 11	
7 Mmcru	A	2:09.89
1) Tentinger, Torey 12	2) Plagman, Natalie 11	
3) Florine, Lana 09	4) Neddermeyer, Hannah 12	
8 Gehlen Cath, L	A	2:15.71
1) Wendt, Brynn 12	2) Alesch, Kenzi 12	
3) Schmidt, Emerson 10	4) Sitzmann, Rysaiah 10	

**Event 102 Boys 800 Sprint Medley**

Team	Relay	Finals
<b>Finals</b>		
1 Hm-Sanborn	A	1:38.89 10
1) Borden, Ryan 12	2) Diehm, Ethan 12	
3) Gellerman, James 10	4) Ebel, Kooper 12	
2 W Sioux Hwardn	A	1:38.92 8
1) Bultman, Carter 12	2) Wiggins, Dylan 12	
3) Walsh, Booker 12	4) Lynott, Brady 12	
3 Gehlen Cath, L	A	1:39.89 6
1) Pearson, Kale 10	2) Spangler, Aiden 12	
3) Kallsen, Chance 11	4) Augustine, Ryan 12	
4 South O'Brien	A	1:41.73 4
1) Van Lith, Jacob 12	2) Tjossem, Cole 11	
3) Oolman, Hudson 12	4) Conley, Willie 11	
5 Unity Chrst, OC	A	1:42.10 2
1) Wieringa, Trevor 12	2) Wieringa, Austin 09	
3) Bosma, Braedan 10	4) Van Ginkel, Ethan 11	
6 Hinton	A	1:42.89 1
1) Blackwell, Daniel 11	2) Frank, Colt 11	
3) Lindley, Garrett 11	4) Winters, Caden 12	
7 Akron-Westfield	A	1:45.01
1) Henrich, Hunter 10	2) Koch, Laytin 11	
3) Myers, Jacob 12	4) Marieu, Guot 12	
8 Mmcru	A	1:48.71
1) Petersen, Jonah 11	2) Barinsky, Andrew 12	
3) Neddermeyer, Kaden 12	4) Taylor, Lukas 12	

9 St. Mary's, R	A	1:50.70
1) Harpenau, Keaton 10	2) Koenck, Brady 10	
3) Waldschmitt, Landon 10	4) Wurth, Brady 10	

**Event 103 Boys 800 Meter Race Walk Wheelchair**

Name	Yr	School	Finals
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**Finals**

1 Horstman, Eli	11	Unity Chrst,	4:08.57
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**Event 104 Girls 3000 Meter Run**

Name	Yr	School	Finals
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**Finals**

1 Young, Katie	09	Unity Chrst,	12:09.03 10
2 Hoogland, Elizabeth	10	Unity Chrst,	12:39.40 8
3 Ahlers, Isabella	11	Mmcru	13:54.46 6
4 Arens, Addison	12	Gehlen Cath,	14:30.35 4
5 Harper, Ruby	10	Hinton	14:51.35 2
6 Jarvis, Haley	10	Hinton	15:20.86 1
7 Bruget, Josalyn	11	Akron-Westfi	15:45.86

**Event 105 Boys 3200 Meter Run**

Name	Yr	School	Finals
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**Finals**

1 Galles, Kaden	11	Mmcru	10:39.98 10
2 Breems, Jonathan	12	Unity Chrst,	10:42.03 8
3 Alesch, Wyatt	09	Mmcru	11:16.29 6
4 Landman, Ezra	11	Unity Chrst,	11:22.78 4
5 Greve, Landon	11	Harris-LP	11:27.51 2
6 Vargas, George	11	Hm-Sanborn	11:37.14 1
7 Bornhoeft, Bela	10	Gehlen Cath,	11:37.66
8 Sypersma, Zach	12	Hinton	11:39.95
9 Weber, Bradan	10	Gehlen Cath,	11:54.68
10 Diediker, Jack	09	Hinton	14:06.77
11 Evans, Brett	10	South O'Brie	14:18.06
12 Beireschmidt, Mathew	10	Akron-Westfi	14:24.91

**Event 106 Girls 4x800 Meter Relay**

Team	Relay	Finals
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**Finals**

1 Hinton	A	11:02.47 10
1) Friessen, Gabbie 11	2) Lang, Ava 10	
3) Peters, Kadence 11	4) Allen, Kaci 11	
2 Unity Chrst, OC	A	11:53.99 8
1) Noteboom, Emily 10	2) Van Maanen, Adriana 12	
3) Van Schouwen, Kyra 10	4) Woudstra, Jaelye 10	
3 Gehlen Cath, L	A	12:21.81 6
1) Pohlen, Haley 11	2) Arens, Ellie 10	
3) Logan, Addy 09	4) Kallsen, Keira 10	
4 South O'Brien	A	12:27.28 4
1) Wulf, Taylor 09	2) Farquhar, Reese 09	
3) Wilson, Elodie 11	4) Conley, Tatiana 12	
5 Hm-Sanborn	A	13:07.12 2
1) Ebel, Kamryn 10	2) Steffen, Evelyn 09	
3) Croatt, Alexis 11	4) Abonce, Jocelyn 11	

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Event 107 Boys 4x800 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Unity Chrst, OC	A	8:53.73 10
1) Mulder, Daylen 11	2) Meerdink, Landon 11	
3) Scholten, Lane 10	4) Foreman, James 09	
2 Mmcru	A	8:59.32 8
1) Alesch, Owen 12	2) Braun, Lucas 10	
3) Bork, Kyler 11	4) Colling, Jace 10	
3 Gehlen Cath, L	A	9:01.58 6
1) Teel, Trevor 11	2) Harpenau, Zac 10	
3) Eric, Scheitler 12	4) Augustine, Ryan 12	
4 Hinton	A	9:36.94 4
1) Sudbeck, Cale 12	2) Friessen, Cole 09	
3) Greigg, Ian 10	4) Bower, Caleb 09	
5 Akron-Westfield	A	9:40.62 2
1) Mckee, Daynen 10	2) Morrow, Cael 11	
3) McKee, Reegan 09	4) Frerichs, Tanner 10	
6 Hm-Sanborn	A	10:11.11 1
1) Grotluschen, Ryan 10	2) Espeland, Aiden 11	
3) Dodge, Bryce 12	4) Dodge, Damian 10	
7 South O'Brien	A	10:29.91
1) Moermond, Gabe 09	2) Rounds, Dominic 09	
3) Villarreal, Damian 09	4) Negus, Austin 09	

Event 108 Girls 4x100 Meter Shuttle Hurdle

Team	Relay	Finals
<b>Finals</b>		
1 St. Mary's, R	A	1:17.10 10
1) Galles, Halle 11	2) Bunkers, Mya 11	
3) Jensen, Whitney 11	4) Schroeder, Claire 11	
2 Unity Chrst, OC	A	1:18.90 8
1) De Groot, Aubrey 12	2) De Groot, Morgan 10	
3) Hoogland, Maddie 10	4) Barrow, Jaida 09	
3 South O'Brien	A	1:21.38 6
1) Ebel, Marissa 11	2) Nelson, Abigail 10	
3) Wulf, Tawni 09	4) Hedberg, Addison 09	
4 Hinton	A	1:24.53 4
1) Hicklin, Carlene 11	2) Lahrs, Becca 09	
3) Poulson, Hannah 10	4) Hoefling, Allison 09	
5 Mmcru	A	1:28.40 2
1) Nissen, Patience 10	2) San Martin, Luz 10	
3) Groves, Riley 09	4) Spenner, Olivia 10	

Event 109 Boys 4x110 Meter Shuttle Hurdle

Team	Relay	Finals
<b>Finals</b>		
1 Gehlen Cath, L	A	1:05.71 10
1) McCarty, Cole 10	2) Nuebel, Ethan 11	
3) Gengler, Brandon 12	4) Kramer, Jaxten 11	
2 South O'Brien	A	1:06.47 8
1) Wagner, Grant 12	2) Billick, Brennan 09	
3) Conley, Willie 11	4) Riedemann, Boston 12	

3 Hinton	A	1:08.81 6
1) Anderson, Gabe 10	2) Lindley, Garrett 11	
3) Bishop, Jacob 10	4) Stahl, Garrett 12	
4 Mmcru	A	1:11.84 4
1) Petersen, Jonah 11	2) Schmillen, Michael 09	
3) Galles, Noah 11	4) Johnson, Gage 09	
5 Akron-Westfield	A	1:11.95 2
1) Koch, Laytin 11	2) Wendel, Conner 11	
3) Marieu, Guot 12	4) Terpstra, Jack 11	
6 Unity Chrst, OC	A	1:20.61 1
1) Emmelkamp, Kyan 11	2) Wieringa, Austin 09	
3) Bosma, Dylan 09	4) Poppema, Jaxson 11	

Event 110 Girls 100 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Heynen, Anna	11	Unity Chrst,	13.77 10
2 Schroeder, Claire	11	St. Mary's,	14.48 8
3 Jensen, Whitney	11	St. Mary's,	14.49 6
4 Florine, Lana	09	Mmcru	14.87 4
5 Hofland, Haley	11	Unity Chrst,	14.94 2
6 Conley, Takara	12	South O'Brie	15.03 1
7 Barron, Ciara	12	Akron-Westfi	15.05
8 Otto, Moriah	09	Hm-Sanborn	15.11
9 Wendt, Brynn	12	Gehlen Cath,	15.14
10 Shaw, Kyra	12	Hinton	15.39
11 Burgad, Avery	11	Hinton	15.55
12 Renken, Rylee	10	Harris-LP	15.56
13 Niemeier, Kendal	10	Harris-LP	15.79
14 Alesch, Kenzi	12	Gehlen Cath,	15.93
15 Farquhar, Payton	12	South O'Brie	16.20
16 Moss, Alicia	10	Trinity Chri	16.54
17 Brummel, Joanna	10	Trinity Chri	16.54
18 Mutombo, Pamela	09	Hm-Sanborn	16.89
19 Merryfield, Katie	09	Mmcru	19.51

Event 111 Boys 100 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Bonderson, Keaten	12	Gehlen Cath,	11.86 10
2 Blackwell, Daniel	11	Hinton	11.91 8
3 Lynott, Brady	12	W Sioux Hwar	12.05 6
4 Bultman, Carter	12	W Sioux Hwar	12.29 4
5 Johnson, Gunnar	12	Mmcru	12.38 2
6 Harper, Ethan	10	Harris-LP	12.73 1
7 Tentinger, Xander	10	Mmcru	12.78
8 Borden, Ryan	12	Hm-Sanborn	12.79
9 Spangler, Aiden	12	Gehlen Cath,	12.81
10 Hagestrom, Will	09	Hinton	12.97
11 Tjossem, Cole	11	South O'Brie	12.97
12 Wieringa, Trevor	12	Unity Chrst,	12.98
13 Araiza, Jr	11	Hm-Sanborn	13.06
14 Waldschmitt, Landon	10	St. Mary's,	13.26
15 Wynia, Kyle	11	Trinity Chri	13.32
16 Luitjens, Travis	11	Harris-LP	13.36
17 Frey, Landen	09	Unity Chrst,	13.37

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Results - All Events-New

**Finals ... (Event 111 Boys 100 Meter Dash)**

Name	Yr	School	Finals
18 Boie, Noah	10	Akron-Westfi	13.45
19 Wittrock, Caden	10	South O'Brie	13.74
20 Boon, Matthew	10	Trinity Chri	14.19
21 Homan, Aiden	09	St. Mary's,	14.54

**Event 113 Girls Distance Medley**

Team	Relay	Finals
<b>Finals</b>		
1 Hinton	A	4:51.42 10
1) Hoefling, Allison 09	2) Hicklin, Carlene 11	
3) Peters, Kadence 11	4) Kovarna, Karlyn 09	
2 South O'Brien	A	4:53.61 8
1) Warnke, Kelsee 09	2) Strubbe, Camryn 09	
3) Halverson, Avery 09	4) Conley, Takara 12	
3 Unity Chrst, OC	A	4:53.69 6
1) Barrow, Jaida 09	2) Hofmeyer, Kortney 10	
3) Liston, Addison 10	4) Young, Katie 09	
4 Gehlen Cath, L	A	5:16.91 4
1) Schmidt, Emerson 10	2) Scheitler, Josie 12	
3) Ruden, Sophie 12	4) Pohlen, Haley 11	
5 Mmcru	A	5:34.62 2
1) Groves, Riley 09	2) Youde, Sadie 09	
3) San Martin, Luz 10	4) Dreckman, Kaleigha 09	
6 Hm-Sanborn	A	5:44.18 1
1) Mutombo, Pamela 09	2) Otto, Abby 11	
3) Otto, Moriah 09	4) Ebel, Kamryn 10	

**Event 114 Boys Distance Medley**

Team	Relay	Finals
<b>Finals</b>		
1 Unity Chrst, OC	A	4:03.55 10
1) Smit, Kolton 10	2) Emmelkamp, Kyan 11	
3) Bosma, Braedan 10	4) Mulder, Daylen 11	
2 Mmcru	A	4:05.62 8
1) Peterson, Michael 10	2) Barinsky, Andrew 12	
3) Taylor, Lukas 12	4) Galles, Kaden 11	
3 Gehlen Cath, L	A	4:07.11 6
1) Roberts, Jack 09	2) Kellen, Carter 12	
3) Peters, Alex 10	4) Seivers, Owen 09	
4 South O'Brien	A	4:11.18 4
1) Van Lith, Jacob 12	2) Riedemann, Boston 12	
3) Oolman, Hudson 12	4) Kreber, Jaden 09	
5 Hinton	A	4:16.17 2
1) Bishop, Jacob 10	2) Ludwig, Karson 11	
3) Greigg, Ian 10	4) Nelson, Cooper 10	
6 Akron-Westfield	A	4:18.79 1
1) Wetrosky, Tyler 11	2) Brown, Michael 11	
3) McKee, Reegan 09	4) Mckee, Daynen 10	
7 Harris-LP	A	4:34.82
1) Luitjens, Travis 11	2) Sage, Nick 12	
3) Jurva, Wyatt 10	4) Money, Steven 10	

**Event 115 Girls 400 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Schoonhoven, Gracie	12	Unity Chrst,	1:04.13 10
2 Kovarna, Ashlyn	11	Hinton	1:04.98 8
3 Woudstra, Jaelye	10	Unity Chrst,	1:05.35 6
4 De Jager, Makiah	11	Trinity Chri	1:08.10 4
5 Faith, Rylee	12	Hinton	1:09.19 2
6 Johnson, Brylie	10	Akron-Westfi	1:12.13 1
7 Andringa, Shelby	12	Trinity Chri	1:12.14
8 Finzen, Brittani	10	W Sioux Hwar	1:12.49
9 Wilson, Elodie	11	South O'Brie	1:17.47
10 Tesch, Danielle	09	Gehlen Cath,	1:18.75
11 Sitzmann, Rysaiah	10	Gehlen Cath,	1:19.70
12 Steffen, Evelyn	09	Hm-Sanborn	1:21.27
13 Wulf, Taylor	09	South O'Brie	1:22.21

**Event 116 Boys 400 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ebel, Kooper	12	Hm-Sanborn	51.84 10
2 Kallsen, Chance	11	Gehlen Cath,	52.51 8
3 DeRocher, Beau	12	Hinton	52.99 6
4 Van Ginkel, Ethan	11	Unity Chrst,	53.71 4
5 Colling, Jace	10	Mmcru	54.17 2
6 Obbink, Dylan	11	Unity Chrst,	54.52 1
7 Hoksbergen, Dustin	11	Trinity Chri	54.72
8 Budden, Ashton	11	Gehlen Cath,	57.21
9 Kounkel, Jackson	09	Hinton	58.74
10 Van Beek, Brody	09	South O'Brie	59.23
11 Prescott, Grant	10	Mmcru	59.58
12 Boie, Noah	10	Akron-Westfi	1:01.09
13 Dolphin, Carter	09	Hm-Sanborn	1:01.55
14 Flinders, Asa	09	South O'Brie	1:02.57
15 Arens, Blaine	09	St. Mary's,	1:28.83

**Event 117 Boys 400 Meter Run Wheelchair**

Name	Yr	School	Finals
<b>Finals</b>			
1 Horstman, Eli	11	Unity Chrst,	1:55.37

**Event 118 Girls 4x200 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 South O'Brien	A	1:56.21 10
1) Warnke, Karlee 12	2) Strubbe, Camryn 09	
3) Halverson, Avery 09	4) Conley, Taja 12	
2 Unity Chrst, OC	A	1:56.58 8
1) Noteboom, Emily 10	2) Hofland, Haley 11	
3) Hoogland, Maddie 10	4) Heynen, Anna 11	
3 Hinton	A	1:59.54 6
1) Hicklin, Carlene 11	2) Lang, Ava 10	
3) Burgad, Avery 11	4) Shaw, Kyra 12	

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Results - All Events-New

**Finals ... (Event 118 Girls 4x200 Meter Relay)**

Team	Relay	Finals
4 W Sioux Hwardn	A	2:09.39 4
1) McMahon, Serenity 10	2) Waterman, Raelyn 09	
3) Coyle, Libby 09	4) Finzen, Brittani 10	
5 Gehlen Cath, L	A	2:11.02 2
1) Scheitler, Josie 12	2) Kramer, Addison 09	
3) Whitehead, Miyah 12	4) Schmidt, Emerson 10	
6 Mmcru	A	2:16.44 1
1) Plagman, Natalie 11	2) Ahlers, Isabella 11	
3) San Martin, Luz 10	4) Dreckman, Kaleigha 09	
7 Hm-Sanborn	A	2:16.80
1) Mutombo, Pamela 09	2) Otto, Megan 10	
3) Steffen, Evelyn 09	4) Diehm, Payton 09	

**Event 119 Boys 4x200 Meter Relay**

Team	Relay	Finals
1 Gehlen Cath, L	A	1:35.17 10
1) Pearson, Kale 10	2) Spangler, Aiden 12	
3) Kraft, Connor 12	4) Bonderson, Keaten 12	
2 Mmcru	A	1:36.05 8
1) Tentinger, Xander 10	2) Mulder, Brayson 09	
3) Neddermeyer, Kaden 12	4) Johnson, Gunnar 12	
3 W Sioux Hwardn	A	1:36.48 6
1) Walsh, Booker 12	2) Finzen, Zach 11	
3) Wiggins, Dylan 12	4) Bultman, Carter 12	
4 Hinton	A	1:39.87 4
1) Lindley, Garrett 11	2) Hagestrom, Will 09	
3) Sudbeck, Cale 12	4) Winters, Caden 12	
5 Unity Chrst, OC	A	1:42.87 2
1) Emmelkamp, Kyan 11	2) Poppema, Jaxson 11	
3) Vanden Berg, Elliot 11	4) Wieringa, Austin 09	
6 South O'Brien	A	1:43.25 1
1) Jenness, Jordan 10	2) Wittrock, Caden 10	
3) Cox, Cole 11	4) Tjossem, Cole 11	
7 St. Mary's, R	A	1:45.59
1) Harpenau, Keaton 10	2) Koenck, Brady 10	
3) Wurth, Brady 10	4) Waldschmitt, Landon 10	
8 Hm-Sanborn	A	1:45.66
1) Araiza, Jr 11	2) Gellerman, James 10	
3) Schierholz, Adam 11	4) Wiersma, Ethan 11	
9 Akron-Westfield	A	1:55.27
1) Gaswint, Nathan 09	2) Philips, Ben 11	
3) Frerichs, Tanner 10	4) Wendel, Conner 11	

**Event 120 Girls 100 Meter Hurdles**

Name	Yr	School	Finals
1 Schroeder, Claire	11	St. Mary's,	17.25 10
2 Boeve, Bailey	09	Hinton	17.55 8
3 Bunkers, Mya	11	St. Mary's,	17.88 6
4 Barrow, Jaida	09	Unity Chrst,	18.76 4
5 De Groot, Morgan	10	Unity Chrst,	20.00 2
6 Nelson, Abigail	10	South O'Brien	20.58 1
7 Mohnie, Frankie	10	Hm-Sanborn	20.66

8 Hoefling, Allison	09	Hinton	20.72
9 Groves, Riley	09	Mmcru	20.81
10 Ebel, Marissa	11	South O'Brien	21.13
11 Britton, Julia	11	Akron-Westfi	21.41
12 Nissen, Patience	10	Mmcru	22.69

**Event 121 Boys 110 Meter Hurdles**

Name	Yr	School	Finals
1 Lynott, Tanner	09	W Sioux Hwar	16.34 10
2 McCarty, Cole	10	Gehlen Cath,	16.39 8
3 Stahl, Garrett	12	Hinton	17.25 6
4 Terpstra, Jack	11	Akron-Westfi	17.61 4
5 Wagner, Grant	12	South O'Brien	17.65 2
6 Riedemann, Boston	12	South O'Brien	17.99 1
7 Petersen, Jonah	11	Mmcru	18.04
8 Nuebel, Ethan	11	Gehlen Cath,	18.39
9 Bishop, Jacob	10	Hinton	19.49
10 Schmillen, Michael	09	Mmcru	19.62
11 Schroeder, Elijah	09	St. Mary's,	20.63

**Event 122 Girls 800 Meter Run**

Name	Yr	School	Finals
1 Friessen, Gabbie	11	Hinton	2:31.36 10
2 Hoogland, Elizabeth	10	Unity Chrst,	2:43.67 8
3 Lang, Ava	10	Hinton	2:52.52 6
4 De Jager, Makiah	11	Trinity Chri	2:55.23 4
5 Arens, Ellie	10	Gehlen Cath,	3:03.69 2
6 Wulf, Taylor	09	South O'Brien	3:03.96 1
7 Abonce, Jocelyn	11	Hm-Sanborn	3:10.34
8 Pahl, Kaidance	10	Harris-LP	3:13.16
9 Kallsen, Keira	10	Gehlen Cath,	3:15.42
10 Fairbanks, Melissa	09	Akron-Westfi	3:17.85
11 Driesen, Maya	09	Trinity Chri	3:45.63

**Event 123 Boys 800 Meter Run**

Name	Yr	School	Finals
1 Meerdink, Landon	11	Unity Chrst,	2:09.54 10
2 Foreman, James	09	Unity Chrst,	2:09.57 8
3 Augustine, Ryan	12	Gehlen Cath,	2:12.62 6
4 Harpenau, Zac	10	Gehlen Cath,	2:19.83 4
5 Bork, Kyler	11	Mmcru	2:21.93 2
6 Grotluschen, Ryan	10	Hm-Sanborn	2:25.57 1
7 Bower, Caleb	09	Hinton	2:28.12
8 Kreber, Jaden	09	South O'Brien	2:28.51
9 Friessen, Cole	09	Hinton	2:36.48
10 Negus, Austin	09	South O'Brien	2:45.41
11 Trobaugh, Dawson	10	Akron-Westfi	2:47.30
12 Philips, Ben	11	Akron-Westfi	2:49.69

**Event 124 Girls 200 Meter Dash**

Name	Yr	School	Finals
1 Heynen, Anna	11	Unity Chrst,	28.06 10

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**Finals ... (Event 124 Girls 200 Meter Dash)**

Name	Yr	School	Finals
2 Kovarna, Ashlyn	11	Hinton	28.22 8
3 Saathoff, Lauryn	12	Akron-Westfi	28.91 6
4 Noteboom, Emily	10	Unity Chrst,	29.34 4
5 McMahan, Serenity	10	W Sioux Hwar	30.04 2
6 Niemeier, Kendal	10	Harris-LP	31.20 1
7 Renken, Rylee	10	Harris-LP	31.47
8 Hedberg, Addison	09	South O'Brie	31.53
9 Johnson, Brylie	10	Akron-Westfi	32.26
10 Brummel, Joanna	10	Trinity Chri	32.45
11 San Martin, Luz	10	Mmcru	32.86
12 Plagman, Natalie	11	Mmcru	32.87
13 Andringa, Shelby	12	Trinity Chri	33.19
14 Farquhar, Payton	12	South O'Brie	33.38
15 Otto, Abby	11	Hm-Sanborn	33.97
16 Bonderson, Kate	10	Gehlen Cath,	34.35
17 Otto, Megan	10	Hm-Sanborn	34.58

**Event 125 Boys 200 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Bonderson, Keaten	12	Gehlen Cath,	23.54 10
2 Lynott, Brady	12	W Sioux Hwar	23.83 8
3 Blackwell, Daniel	11	Hinton	24.00 6
4 Ebel, Kooper	12	Hm-Sanborn	24.03 4
5 Kallsen, Chance	11	Gehlen Cath,	24.24 2
6 Van Ginkel, Ethan	11	Unity Chrst,	24.60 1
7 Harper, Ethan	10	Harris-LP	25.12
8 Mulder, Brayson	09	Mmcru	25.23
9 Neddermeyer, Kaden	12	Mmcru	25.35
10 Oolman, Hudson	12	South O'Brie	25.56
11 Myers, Jacob	12	Akron-Westfi	25.71
12 Hagestrom, Will	09	Hinton	26.20
13 Mantel, Collin	09	Trinity Chri	26.52
14 Wurth, Brady	10	St. Mary's,	26.85
15 Wynia, Kyle	11	Trinity Chri	26.89
16 Smit, Kolton	10	Unity Chrst,	26.89
17 Jenness, Jordan	10	South O'Brie	26.95
18 Gaswint, Nathan	09	Akron-Westfi	28.48
19 Homan, Aiden	09	St. Mary's,	29.73

**Event 126 Boys 200 Meter Run Wheelchair**

Name	Yr	School	Finals
<b>Finals</b>			
1 Horstman, Eli	11	Unity Chrst,	1:00.40

**Event 127 Girls 400 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1 Schoonhoven, Gracie	12	Unity Chrst,	1:08.30 10
2 Boeve, Bailey	09	Hinton	1:11.98 8
3 Ruden, Sophie	12	Gehlen Cath,	1:14.74 6
4 Neddermeyer, Hannah	12	Mmcru	1:16.13 4
5 Barrow, Jaida	09	Unity Chrst,	1:16.35 2
6 Conley, Taja	12	South O'Brie	1:21.09 1

7 Conley, Tatiana	12	South O'Brie	1:24.34
8 Mohnie, Frankie	10	Hm-Sanborn	1:25.81

**Event 128 Boys 400 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1 Conley, Willie	11	South O'Brie	59.66 10
2 Hoksbergen, Dustin	11	Trinity Chri	1:00.97 8
3 Colling, Jace	10	Mmcru	1:01.20 6
4 Anderson, Gabe	10	Hinton	1:01.33 4
5 Johnson, Gage	09	Mmcru	1:02.29 2
6 Lynott, Tanner	09	W Sioux Hwar	1:03.20 1
7 Nuebel, Ethan	11	Gehlen Cath,	1:03.58
8 Wiggins, Blake	09	W Sioux Hwar	1:05.48
9 Coffee, Logan	09	Hinton	1:06.49
10 Cox, Cole	11	South O'Brie	1:08.81
11 Roberts, Jack	09	Gehlen Cath,	1:11.57
12 Schroeder, Elijah	09	St. Mary's,	1:14.31
13 Bishop, Dustin	10	Akron-Westfi	1:20.23

**Event 129 Girls 1500 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Woudstra, Jaelye	10	Unity Chrst,	5:20.57 10
2 Allen, Kaci	11	Hinton	5:24.23 8
3 Peters, Kadence	11	Hinton	5:25.68 6
4 Young, Katie	09	Unity Chrst,	5:33.75 4
5 Conley, Takara	12	South O'Brie	5:47.57 2
6 Croatt, Alexis	11	Hm-Sanborn	6:19.50 1
7 Logan, Addy	09	Gehlen Cath,	6:20.83
8 Wilson, Elodie	11	South O'Brie	6:24.27
9 Ahlers, Isabella	11	Mmcru	6:26.44
10 Arens, Addison	12	Gehlen Cath,	6:47.43

**Event 130 Boys 1600 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Galles, Kaden	11	Mmcru	5:03.60 10
2 Rozenboom, Tyler	10	Unity Chrst,	5:03.77 8
3 Teel, Trevor	11	Gehlen Cath,	5:08.56 6
4 Breems, Jonathan	12	Unity Chrst,	5:10.74 4
5 Nelson, Cooper	10	Hinton	5:15.92 2
6 Alesch, Wyatt	09	Mmcru	5:21.19 1
7 Dodge, Bryce	12	Hm-Sanborn	5:24.89
8 Vargas, George	11	Hm-Sanborn	5:24.96
9 Weber, Bradan	10	Gehlen Cath,	5:24.99
10 Moermond, Gabe	09	South O'Brie	5:29.44
11 Morrow, Cael	11	Akron-Westfi	5:30.09
12 Money, Steven	10	Harris-LP	5:30.10
13 Sypersma, Zach	12	Hinton	5:30.70
14 Hansen, Anthony	09	W Sioux Hwar	6:08.52
15 Greve, Landon	11	Harris-LP	6:15.92
16 Oliver, Ian	11	South O'Brie	7:00.37

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Results - All Events-New

Event 131 Girls 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 St. Mary's, R	A	53.75 10
1) Galles, Halle 11	2) Jensen, Whitney 11	
3) Bunkers, Mya 11	4) Schroeder, Claire 11	
2 South O'Brien	A	54.30 8
1) Warnke, Karlee 12	2) Strubbe, Camryn 09	
3) Warnke, Kelsee 09	4) Conley, Taja 12	
3 Unity Chrst, OC	A	54.85 6
1) Kuperus, Haley 11	2) Zylstra, Ruby 10	
3) Van Ginkel, Alexis 09	4) Heynen, Anna 11	
4 Hinton	A	56.47 4
1) Hoefling, Allison 09	2) Petersen, Olivia 10	
3) Burgad, Avery 11	4) Shaw, Kyra 12	
5 Mmcru	A	57.12 2
1) Tentinger, Torey 12	2) Plagman, Natalie 11	
3) Neddermeyer, Hannah 12	4) Florine, Lana 09	
6 W Sioux Hwardn	A	57.84 1
1) McMahon, Serenity 10	2) Rosiles-Gonzalez, America 11	
3) Waterman, Raelyn 09	4) Van Der Zwaag, Zoe 09	
7 Hm-Sanborn	A	1:00.58
1) Mutombo, Pamela 09	2) Mohnie, Frankie 10	
3) Diehm, Payton 09	4) Otto, Abby 11	
8 Gehlen Cath, L	A	1:02.15
1) Wendt, Brynn 12	2) Kramer, Addison 09	
3) Scheitler, Josie 12	4) Ruden, Sophie 12	

Event 132 Boys 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Hm-Sanborn	A	45.32 10
1) Borden, Ryan 12	2) Diehm, Ethan 12	
3) Ebel, Kooper 12	4) Gellerman, James 10	
2 W Sioux Hwardn	A	45.88 8
1) Walsh, Booker 12	2) Lynott, Brady 12	
3) Lynott, Tanner 09	4) Koopmans, Kolton 10	
3 Mmcru	A	46.62 6
1) Tentinger, Xander 10	2) Mulder, Brayson 09	
3) Peterson, Michael 10	4) Johnson, Gunnar 12	
4 Hinton	A	47.46 4
1) Blackwell, Daniel 11	2) Lindley, Garrett 11	
3) Sudbeck, Cale 12	4) DeRocher, Beau 12	
5 Unity Chrst, OC	A	47.87 2
1) Frey, Landen 09	2) Bosma, Braedan 10	
3) Wieringa, Trevor 12	4) Vanden Berg, Elliot 11	
6 Akron-Westfield	A	47.89 1
1) Henrich, Hunter 10	2) Myers, Jacob 12	
3) Terpstra, Jack 11	4) Blowe, Ian 11	
7 South O'Brien	A	48.01
1) Van Lith, Jacob 12	2) Riedemann, Boston 12	
3) Oolman, Hudson 12	4) Tjossem, Cole 11	
8 Harris-LP	A	48.80
1) Luitjens, Travis 11	2) Jurva, Wyatt 10	
3) Sage, Nick 12	4) Harper, Ethan 10	

9 St. Mary's, R	A	51.05
1) Waldschmitt, Landon 10	2) Harpenau, Keaton 10	
3) Koenck, Brady 10	4) Wurth, Brady 10	
10 Gehlen Cath, L	A	52.81
1) Pearson, Kale 10	2) Spangler, Aiden 12	
3) Kraft, Connor 12	4) McCarty, Cole 10	

Event 133 Girls 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Hinton	A	4:15.05 10
1) Friessen, Gabbie 11	2) Faith, Rylee 12	
3) Kovarna, Ashlyn 11	4) Allen, Kaci 11	
2 Unity Chrst, OC	A	4:19.55 8
1) De Groot, Morgan 10	2) Noteboom, Emily 10	
3) Hoogland, Elizabeth 10	4) Schoonhoven, Gracie 12	
3 South O'Brien	A	4:49.95 6
1) Halverson, Avery 09	2) Hedberg, Addison 09	
3) Warnke, Kelsee 09	4) Farquhar, Reese 09	
4 Hm-Sanborn	A	5:16.66 4
1) Otto, Moriah 09	2) Abonce, Jocelyn 11	
3) Croatt, Alexis 11	4) Ebel, Kamryn 10	
5 Gehlen Cath, L	A	5:20.25 2
1) Sitzmann, Rysaiah 10	2) Schmidt, Emerson 10	
3) Bonderson, Kate 10	4) Tesch, Danielle 09	
6 Mmcru	A	5:51.79 1
1) Dreckman, Kaleigha 09	2) Nissen, Patience 10	
3) Youde, Sadie 09	4) Etter, Sophie 09	

Event 134 Boys 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Gehlen Cath, L	A	3:35.52 10
1) Kallsen, Chance 11	2) Augustine, Ryan 12	
3) Budden, Ashton 11	4) Bonderson, Keaten 12	
2 Hinton	A	3:35.96 8
1) Anderson, Gabe 10	2) Winters, Caden 12	
3) Sudbeck, Cale 12	4) DeRocher, Beau 12	
3 Unity Chrst, OC	A	3:37.68 6
1) Meerdink, Landon 11	2) Foreman, James 09	
3) Obbink, Dylan 11	4) Van Ginkel, Ethan 11	
4 W Sioux Hwardn	A	3:50.13 4
1) Walsh, Booker 12	2) Wiggins, Dylan 12	
3) Wiggins, Blake 09	4) Finzen, Zach 11	
5 Mmcru	A	3:51.72 2
1) Braun, Lucas 10	2) Taylor, Lukas 12	
3) Neddermeyer, Kaden 12	4) Alesch, Owen 12	
6 South O'Brien	A	4:00.16 1
1) Van Beek, Brody 09	2) Billick, Brennan 09	
3) Villarreal, Damian 09	4) Kreber, Jaden 09	
7 Hm-Sanborn	A	4:27.22
1) Finster, Blaine 10	2) Dolphin, Carter 09	
3) Dodge, Damian 10	4) Wiersma, Ethan 11	
--- Akron-Westfield	A	DQ
1) Morrow, Cael 11	2) McKee, Reegan 09	
3) Mckee, Daynen 10	4) Boie, Noah 10	

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South O'Brien

Results - All Events-New

Event 201 Girls Shot Put

Name	Yr	School	Finals
<b>Finals</b>			
1 Kounkel, Lauren	11	Hinton	39-06.50 10
2 Johnson, Maddie	12	South O'Brie	35-10.00 8
3 Whitehead, Miyah	12	Gehlen Cath,	34-03.00 6
4 Hulshof, Molly	11	W Sioux Hwar	31-11.00 4
5 Noyes, Ava	10	Unity Chrst,	30-06.50 2
6 Larsen, Clara	12	South O'Brie	29-10.00 1
7 Divis, Morgan	09	Hinton	29-06.50
8 Zubrod, Samantha	10	Gehlen Cath,	28-01.50
9 Grover, Alexis	11	Hm-Sanborn	27-02.50
10 Dekkers, Anaka	11	Unity Chrst,	26-09.00
11 Tessum, Hannah	09	Hm-Sanborn	25-11.00
12 Moffatt, Corrine	10	Akron-Westfi	25-07.50
13 Hurtado, Ashley	10	Mmcru	25-02.00
14 Sanow, Autumn	10	Mmcru	23-11.50
15 Franco, Salissa	09	W Sioux Hwar	23-07.00

Event 202 Boys Shot Put

Name	Yr	School	Finals
<b>Finals</b>			
1 Blowe, Ian	11	Akron-Westfi	51-07.00 10
2 Folkerts, Jacob	12	Unity Chrst,	45-03.00 8
3 Divis, Garrett	12	Hinton	44-02.50 6
4 Steeg, Evan	12	Gehlen Cath,	42-07.50 4
5 Binneboese, Brooks	10	Hinton	40-04.00 2
6 Schnepf, Mitchell	11	Mmcru	39-05.00 1
7 Cates, Jacob	11	Hm-Sanborn	39-02.50
8 McMillan, Eli	09	W Sioux Hwar	38-10.50
9 Peterson, Michael	10	Mmcru	38-08.50
10 Zhang, Kyron	11	Gehlen Cath,	38-02.00
11 McMillan, Keegan	11	W Sioux Hwar	37-07.00
12 Gnade, Josh	11	South O'Brie	37-06.00
13 Enger, Mitchell	11	South O'Brie	36-09.00
14 Brown, Michael	11	Akron-Westfi	34-09.50
15 Smith, Austin	11	Hm-Sanborn	33-11.00
16 Luitjens, Travis	11	Harris-LP	33-03.00
17 Poppema, Tyler	09	Unity Chrst,	33-02.00

Event 203 Girls Discus Throw

Name	Yr	School	Finals
<b>Finals</b>			
1 Kounkel, Lauren	11	Hinton	116-01 10
2 Whitehead, Miyah	12	Gehlen Cath,	112-08 8
3 Hulshof, Molly	11	W Sioux Hwar	96-05 6
4 Zubrod, Samantha	10	Gehlen Cath,	90-09 4
5 Wulf, Tawni	09	South O'Brie	79-09 2
6 Larsen, Clara	12	South O'Brie	79-06 1
7 Spenner, Olivia	10	Mmcru	75-05
8 Divis, Morgan	09	Hinton	75-00
9 Dekkers, Anaka	11	Unity Chrst,	69-09
10 Westra, Elizabeth	11	Unity Chrst,	68-01
11 Moffatt, Corrine	10	Akron-Westfi	67-09
12 Haire, Emma	10	W Sioux Hwar	64-09

13 Grover, Alexis	11	Hm-Sanborn	56-10
14 Tessum, Hannah	09	Hm-Sanborn	55-08
15 Spenner, Rylie	09	Mmcru	46-06

Event 204 Boys Discus Throw

Name	Yr	School	Finals
<b>Finals</b>			
1 Blowe, Ian	11	Akron-Westfi	163-03 10
2 Schnepf, Mitchell	11	Mmcru	153-06 8
3 Schierholz, Adam	11	Hm-Sanborn	125-03 6
4 Divis, Garrett	12	Hinton	122-01 4
5 Zhang, Kyron	11	Gehlen Cath,	119-09 2
6 Koopmans, Kolton	10	W Sioux Hwar	118-11 1
7 McMillan, Eli	09	W Sioux Hwar	117-04
8 Cates, Jacob	11	Hm-Sanborn	109-01
9 Fay, Jordan	10	Akron-Westfi	109-00
10 Enger, Mitchell	11	South O'Brie	108-01
11 Steeg, Evan	12	Gehlen Cath,	101-03
12 Stokes, Reese	09	Hinton	99-05
13 Miller, Carver	10	Mmcru	99-03
14 Miller, Jayven	10	South O'Brie	95-00
15 Fedders, Bryce	10	Unity Chrst,	89-07
16 Steichen, Lennan	10	St. Mary's,	82-03
--- Folkerts, Jacob	12	Unity Chrst,	ND

Event 205 Girls Long Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Boeve, Bailey	09	Hinton	15-07.00 10
2 Barron, Ciara	12	Akron-Westfi	15-05.50 8
3 Warnke, Karlee	12	South O'Brie	15-00.00 6
4 Lang, Ava	10	Hinton	14-10.00 4
5 Ruden, Sophie	12	Gehlen Cath,	14-07.50 2
6 Moss, Alicia	10	Trinity Chri	13-08.50 1
7 Florine, Lana	09	Mmcru	13-06.50
8 Jacobs, Josie	10	Akron-Westfi	13-04.50
9 Friedrichsen, Maddy	10	South O'Brie	13-00.50
10 Tentinger, Torey	12	Mmcru	12-08.00
11 Kramer, Addison	09	Gehlen Cath,	12-06.00
12 Diehm, Payton	09	Hm-Sanborn	12-03.00

Event 206 Boys Long Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Bultman, Carter	12	W Sioux Hwar	23-00.00 10
2 DeRocher, Beau	12	Hinton	22-05.25 8
3 Kraft, Connor	12	Gehlen Cath,	20-02.50 6
4 Lynott, Tanner	09	W Sioux Hwar	20-00.50 4
5 Diehm, Ethan	12	Hm-Sanborn	J19-10.00 2
6 McCarty, Cole	10	Gehlen Cath,	J19-10.00 1
7 Myers, Jacob	12	Akron-Westfi	19-06.50
8 Braun, Lucas	10	Mmcru	19-06.00
9 Tentinger, Xander	10	Mmcru	19-05.00
10 Villarreal, Damian	09	South O'Brie	19-01.00
11 Anderson, Gabe	10	Hinton	18-03.00
12 Jurva, Wyatt	10	Harris-LP	17-10.50

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Results - All Events-New

**Finals ... (Event 206 Boys Long Jump)**

Name	Yr	School	Finals
13 Mantel, Collin	09	Trinity Chri	17-04.50
14 Bosma, Braedan	10	Unity Chrst,	17-03.00
15 Koch, Laytin	11	Akron-Westfi	17-02.50
16 Van Schouwen, Ryan	11	Unity Chrst,	17-00.00
17 De Jong, Luke	09	Trinity Chri	16-04.00
--- Van Lith, Jacob	12	South O'Brie	ND

5) W Sioux Hwardn	74
6) HM-Sanborn	45
7) South O'Brien	39
8) Akron-Westfield	30
9) Trinity Christ	9.5
10) Harris-LP	9

**Event 207 Girls High Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Boeve, Bailey	09	Hinton	J5-01.00 10
2 Niemeier, Kendal	10	Harris-LP	J5-00.00 7
2 De Groot, Aubrey	12	Unity Chrst,	J5-00.00 7
4 Zylstra, Molly	12	Unity Chrst,	J4-10.00 4
5 Neddermeyer, Hannah	12	Mmcru	J4-06.00 2
6 Otto, Megan	10	Hm-Sanborn	J4-06.00 1
--- Farquhar, Reese	09	South O'Brie	DQ

**Event 208 Boys High Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Braun, Lucas	10	Mmcru	J6-01.00 10
2 Conley, Willie	11	South O'Brie	J5-10.00 8
3 Harper, Ethan	10	Harris-LP	J5-06.00 6
4 Wiggins, Dylan	12	W Sioux Hwar	J5-06.00 4
5 Bosma, Dylan	09	Unity Chrst,	J5-06.00 1.5
5 Hoksbergen, Dustin	11	Trinity Chri	J5-06.00 1.5
7 Emmelkamp, Kyan	11	Unity Chrst,	5-04.00
7 Van Beek, Brody	09	South O'Brie	5-04.00
--- Alier, Pere	11	Gehlen Cath,	NH
--- Kramer, Jaxten	11	Gehlen Cath,	NH
--- Frank, Colt	11	Hinton	NH
--- Colling, Jace	10	Mmcru	NH
--- Kempema, Logan	09	Hinton	NH

**Women - Team Rankings - 19 Events Scored**

1) Hinton	165
2) Unity Chrst, OC	163
3) South O'Brien	74
4) St. Mary's, R	50
5) Gehlen Cath, L	46
6) MMCRU	24
7) W Sioux Hwardn	19
8) Akron-Westfield	15
9) Trinity Christ	13
10) HM-Sanborn	10
11) Harris-LP	8

**Men - Team Rankings - 19 Events Scored**

1) Gehlen Cath, L	115
2) MMCRU	96
3) Unity Chrst, OC	90.5
4) Hinton	81