

Place	School	Points
1	Mmcru	MMCR 216
2	Kingsley-Pierson	KP 163
3	Akron-Westfield	AKWE 89
4	George-Little Rk	GLR 51
5	St. Mary's, R	STMR 27
		Total 546.00

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Results

Boys 100 Meter Dash

Track: 10.84 1999 Justin Smith

Lane	Name	Team	Finals
Finals			
1	Coulter, Carsen	KP	11.72
2	Bell, Tristen	KP	11.82
3	Barinsky, Blake	MMCR	12.00
4	Tentinger, Xander	MMCR	12.01
5	Hoffman, Brodie	AKWE	12.39
6	Harvey, Connor	AKWE	12.83
7	Putnam, Dominick	GLR	12.88
8	Karalius, Gabe	GLR	13.75
9	Sheehan, Lucas	STMR	14.52
10	Arens, Blaine	STMR	16.58

Boys 200 Meter Dash

Track: 22.60 2004 Mike Wiederholt

Lane	Name	Team	Finals
Finals			
1	Hansen, Brock	AKWE	24.83
2	Peterson, Michael	MMCR	24.96
3	Leekley, John	KP	25.12
4	Rasmussen, Darius	KP	25.36
5	Harpenau, Eli	MMCR	25.58
6	Martinez, Marlin	GLR	26.78
7	Higman, Ronan	AKWE	28.88
8	Regennitter, Reise	MMCR	x29.83
9	Karalius, Gabe	GLR	30.19

Boys 400 Meter Dash

Track: 49.00 2004 Tyler Mulder

Lane	Name	Team	Finals
Finals			
1	Colling, Jace	MMCR	54.80
2	Braun, Jeff	MMCR	1:00.66
3	Martinez, Marlin	GLR	1:01.39
4	Kusler, Braydon	AKWE	1:04.81
5	Putnam, Dominick	GLR	1:13.63
6	Boie, Jordan	AKWE	1:26.41
7	Arens, Blaine	STMR	1:26.59
---	Baker, Boston	KP	DQ
---	Edwards, Colton	KP	DQ

Boys 800 Meter Run

Track: 1:56.91 2004 Tyler Mulder

Name	Team	Finals
Finals		
1 Alesch, Wyatt	MMCR	2:12.37
2 Tschirren, Ean	KP	2:16.99
3 Dreckman, Brandon	MMCR	2:18.66
4 Havicek, Tyler	KP	2:34.56
5 Beireschmidt, Mathew	AKWE	2:34.81
6 Moffatt, Carter	AKWE	3:07.46

Boys 1600 Meter Run

Track: 4:38.00 2016 Alex Still

Name	Team	Finals
Finals		
1 Vanhouten, Collin	KP	5:22.99
2 Metcalf, Devin	KP	5:25.43
3 Small, Archer	AKWE	5:27.95
4 Staab, Clint	MMCR	5:37.76
5 Carver, Nolan	MMCR	5:41.54
6 Beireschmidt, Mathew	AKWE	7:04.93

Boys 3200 Meter Run

Track: 10:12.77 2019 Joe Anderson

Name	Team	Finals
Finals		
1 Small, Archer	AKWE	11:30.31
2 Metcalf, Devin	KP	11:35.88
3 Staab, Clint	MMCR	11:50.45
4 Carver, Nolan	MMCR	12:00.69
5 Edwards, Colton	KP	12:02.26
6 Beireschmidt, Mathew	AKWE	14:14.25

Boys 110 Meter Hurdles

Track: 14.51 2010 Will Hanson

Name	Team	Finals
Finals		
1 King, Jacob	KP	17.36
2 Kintigh, Luke	MMCR	17.85
3 Schroeder, Elijah	STMR	18.29
4 Pick, Jacob	MMCR	18.41
5 Fickbohm, Wyatt	KP	18.93
6 Bishop, Dustin	AKWE	21.54

Boys 400 Meter Hurdles

Track: 56.30 1996 Brian Wassenaar

Name	Team	Finals
Finals		
1 Fickbohm, Wyatt	KP	1:08.78
2 Schmillen, Cody	MMCR	1:10.40
3 Jessen, Ethan	KP	1:11.81
4 Bishop, Dustin	AKWE	1:12.77
5 Poeckes, Gavin	MMCR	1:13.21

Boys 4x100 Meter Relay

Track: 43.77 2023 West Sioux

Team	Relay	Finals
Finals		
1 George-Little Rk	A	46.04
Krull, Jack	Anderson, Zach	
Bruns, Gavin	Minter, Wyatt	
2 Mmcru	A	46.17
Tentinger, Xander	Mulder, Brayson	
Barinsky, Blake	Peterson, Michael	
3 Kingsley-Pierson	A	46.34
Coulter, Carsen	Doeschot, Sam	
Bell, Tristen	Lloyd, Jayden	

4 St. Mary's, R	A	1:00.74
Waldschmitt, Tyten	Sheehan, Lucas	
Gerriets, Sam	Arens, Blaine	

Boys 4x200 Meter Relay

Track: 1:31.69 2021 Unity

Team	Relay	Finals
Finals		
1 Mmcru	A	1:36.03
Tentinger, Xander	Mulder, Brayson	
Barinsky, Blake	Peterson, Michael	
2 Kingsley-Pierson	A	1:36.33
Doeschot, Sam	Bell, Tristen	
Lloyd, Jayden	Coulter, Carsen	
3 George-Little Rk	A	1:37.27
Krull, Jack	Sandbulte, Cash	
Landis, Austin	Minter, Wyatt	
4 Akron-Westfield	A	1:41.85
Boie, Noah	Brown, Adam	
McKee, Reegan	Hansen, Brock	

Boys 4x400 Meter Relay

Track: 3:33.11 2009 Unity

Team	Relay	Finals
Finals		
1 George-Little Rk	A	3:41.99
Bruns, Gavin	Sandbulte, Cash	
Anderson, Zach	Landis, Austin	
2 Mmcru	A	3:42.73
Braun, Lucas	Alesch, Wyatt	
Dreckman, Brandon	Colling, Jace	
3 Akron-Westfield	A	3:50.95
Boie, Noah	McKee, Reegan	
Wilken, Tatum	McKee, Daynen	
4 Kingsley-Pierson	A	4:14.33
Tschirren, Ean	Bell, Tanner	
Butler, Maxton	Havicek, Tyler	

Boys 4x800 Meter Relay

Track: 8:31.94 2004 SBL

Team	Relay	Finals
Finals		
1 Mmcru	A	8:57.39
Alesch, Wyatt	Braun, Lucas	
Dreckman, Brandon	Colling, Jace	
2 Akron-Westfield	A	9:37.96
Boie, Noah	McKee, Reegan	
Frerichs, Tanner	McKee, Daynen	
3 Kingsley-Pierson	A	11:03.39
Butler, Maxton	Willis, Kaedyn	
Baker, Boston	Crow, Aleks	

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Results

Boys 800 Sprint Medley

Track: 1:36.46 2021 Unity

Team	Relay	Finals
Finals		
1 George-Little Rk	A	1:42.57
Krull, Jack	Bruns, Gavin	
Minter, Wyatt	Anderson, Zach	
2 Akron-Westfield	A	1:45.43
Hoffman, Brodie	Wilken, Tatum	
Boie, Noah	McKee, Reegan	
3 Mmcru	A	1:49.64
Harpenau, Eli	Glassmaker, Parker	
Kintigh, Luke	Braun, Jeff	
4 St. Mary's, R	A	1:56.17
Schroeder, Elijah	Johnson, Beau	
Waldschmitt, Tyten	Klein, Dalton	

Boys Distance Medley

Track: 3:41.16 2015 Sheldon

Team	Relay	Finals
Finals		
1 Kingsley-Pierson	A	4:09.42
Leekley, John	Monk, Sam	
Havicek, Tyler	Vanhouten, Collin	
2 Mmcru	A	4:13.47
Harpenau, Eli	Glassmaker, Parker	
Aduddell, Sawyer	Galles, Conner	
3 Akron-Westfield	A	4:16.00
Johnson, Kaleb	Harvey, Connor	
McKee, Daynen	Frerichs, Tanner	
4 St. Mary's, R	A	4:39.82
Schroeder, Elijah	Klein, Dalton	
Johnson, Beau	Waldschmitt, Tyten	

Boys 4x110 Meter Shuttle Hurdle

Track: 1:02.76 2009 MMC

Team	Relay	Finals
Finals		
1 Kingsley-Pierson	A	1:09.18
Fickbohm, Wyatt	King, Jacob	
Lloyd, Jayden	Monk, Sam	
2 Mmcru	A	1:13.45
Kintigh, Luke	Schmillen, Cody	
Poeckes, Gavin	Pick, Jacob	
3 St. Mary's, R	A	1:20.49
Johnson, Beau	Schroeder, Elijah	
Klein, Dalton	Waldschmitt, Tyten	

Boys High Jump

Track: 6-10 2006 Ehi Oamen

Name	Team	Finals
Finals		
1 Braun, Lucas	MMCR	6-02.00
2 Braun, Jeff	MMCR	5-10.00

Boys Long Jump

Track: 21-10 2011 Justin Wohler

Name	Team	Finals
Finals		
1 Braun, Lucas	MMCR	21-00.00
2 Hansen, Brock	AKWE	19-02.00
3 Tentinger, Xander	MMCR	19-00.00
4 Monk, Sam	KP	18-04.50
5 Wilken, Tatum	AKWE	18-03.00
6 Lloyd, Jayden	KP	18-03.00

Boys Shot Put

Track: 60-02 2017 Nick Phelps

Name	Team	Finals
Finals		
1 Peterson, Michael	MMCR	43-09.00
2 Peterson, Lukas	MMCR	40-05.75
3 Krull, Jack	GLR	39-11.00
4 Jensen, Logan	KP	36-06.50
5 Gerrietts, Sam	STMR	33-03.00
6 Brown, Thomas	AKWE	32-09.50
7 Friesner, Luke	KP	32-07.00
8 Chytka, Breken	AKWE	32-00.50
9 Karalius, Gabe	GLR	29-08.50
10 Sheehan, Lucas	STMR	25-08.50

Boys Discus Throw

Track: 191-07 2017 Nick Phelps

Track: 163-04 2014 Colton Phelps

Name	Team	Finals
Finals		
1 Huisinga, Wyatt	KP	138-00
2 Dunn, Brayden	MMCR	125-01
3 Peterson, Josh	MMCR	120-01
4 Jensen, Logan	KP	115-00
5 Chytka, Breken	AKWE	96-01
6 Sheehan, Lucas	STMR	90-11
7 Gerrietts, Sam	STMR	81-08

2025 MMCRU Coed - 4/7/2025**Marcus, IA****Team Rankings - Through Event 19****Female Team Scores**

Place	School		Points
1	Kingsley-Pierson	KP	214
2	Mmcru	MMCR	93
3	Kingsley-Pierson	JV	88
4	Akron-Westfield	AKWE	84
5	George-Little Rk	GLR	44
6	St. Mary's, R	STMR	17
Total			540.00

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Results

Girls 100 Meter Dash

Track: 12.62 2022 Aubrey Bell

LaneName	Team	Finals
Finals		
1 King, Emma	KP	13.75
2 Frerichs, Tess	AKWE	14.13
3 Draper, Ella	MMCR	14.29
4 Jacobs, Josie	AKWE	14.56
5 Stratman, Gretchen	GLR	14.57
6 Mitchell, Kendra	KP	14.63
7 Harpenau, Sophia	STMR	14.90
8 Fetterman, Katlynn	JV	15.08
9 Rarrat, Shari	JV	15.26
10 Aeikens, Madelyn	GLR	15.57
11 Hageman, Willow	MMCR	15.92

Girls 200 Meter Dash

Track: 26.04 2011 Erica Dreckman

LaneName	Team	Finals
Finals		
1 Frerichs, Tess	AKWE	29.36
2 Gaswint, Avery	AKWE	30.16
3 Stratman, Gretchen	GLR	31.08
4 Muckey, Zoe	KP	31.29
5 Book, Madison	JV	32.91
6 Dietrich, Amber	JV	33.51
7 Heubrock, Macey	MMCR	35.08
8 Glassmaker, Kinzie	MMCR	37.68

Girls 400 Meter Dash

Track: 59.59 2004 Deidre Hinkeldey

LaneName	Team	Finals
Finals		
1 Matgen, Mia	STMR	1:04.36
2 Haken, Lindsey	GLR	1:05.28
3 Evans, Delaney	KP	1:07.26
4 Stratman, Gretchen	GLR	1:08.86
5 Wiig, Shaeley	KP	1:14.48
6 Kozora, Anna	JV	1:15.52
7 Less, Hannah	AKWE	1:20.35
8 Cosgrove-Eide, Kierra	MMCR	1:23.21
9 Prescott, Ava	MMCR	1:23.24

Girls 800 Meter Run

Track: 2:20.60 2023 Nora Peterson

Name	Team	Finals
Finals		
1 Goodwin, Blakely	KP	2:39.67
2 Utesch, Brilee	JV	2:48.17
3 Meana, Mari	JV	3:17.52
4 Lux, Aleah	MMCR	3:31.78
5 Lux, Brielle	MMCR	3:32.17

Girls 1500 Meter Run

Track: 4:50.51 2004 Jen Kempers

Name	Team	Finals
Finals		
1 Putze, Rachel	KP	5:37.80
2 Cameron, Addisyn	KP	6:06.31
3 Juhl, Annika	MMCR	6:19.62
4 Krajicek, Autumn	JV	6:27.86
5 Cooke, Lily	JV	6:40.48
6 Pajazetovic, Alisa	MMCR	6:52.36

Girls 3000 Meter Run

Track: 10:31.41 1999 Sarah Arens

Name	Team	Finals
Finals		
1 Pajazetovic, Alisa	MMCR	13:19.04
2 Krajicek, Autumn	KP	13:41.23
3 Hannah, CJ	KP	13:57.66
4 Etter, Audrey	MMCR	14:19.44
5 Cooke, Lily	JV	14:50.75

Girls 100 Meter Hurdles

Track: 15.07 2004 Catie Bobier

LaneName	Team	Finals
Finals		
1 Dausel, Jaedyn	KP	18.33
2 Anderson, Riley	KP	18.67
3 Linden, Charity	JV	19.57
4 Moos, Kara	MMCR	19.59
5 Matgen, Mia	STMR	20.90
6 Harpenau, Sophia	STMR	21.21
7 Philips, Libbie	AKWE	21.57
8 Meissner, Danika	JV	21.61
9 Nissen-Teepe, Rylee	MMCR	22.93

Girls 400 Meter Hurdles

Track: 1:06.25 2004 Jen Kempers

LaneName	Team	Finals
Finals		
1 Trapp, Payton	KP	1:12.55
2 Linden, Charity	KP	1:22.94
3 Jager, Brooklyn	AKWE	1:28.20
4 Philips, Libbie	AKWE	1:30.64
5 Moos, Kara	MMCR	1:33.41
--- Collins, Rae	JV	DQ
--- Meissner, Danika	JV	DQ

Girls 4x100 Meter Relay

Track: 51.41 2022 KP/WC

Team	Relay	Finals
Finals		
1 Kingsley-Pierson	A	54.43
Gilbert, Lexi	Peschau, Claire	
Lloyd, Kady	King, Emma	

2 Kingsley-Pierson	A	56.55
Seglem, Caitlin	Muckey, Zoe	
Mitchell, Kendra	Hill, Kaidynce	
3 Akron-Westfield	A	57.71
Jacobs, Josie	Fairbanks, Kaberlee	
Frerichs, Tess	Gaswint, Avery	
4 Mmcru	A	58.29
Dirks, Aubrey	Draper, Ella	
Groves, Riley	Tentinger, Tia	

Girls 4x200 Meter Relay

Track: 1:48.02 2022 KP/WC

Team	Relay	Finals
Finals		
1 Kingsley-Pierson	A	1:56.93
Peschau, Claire	Beelner, Brooklyn	
Lloyd, Kady	Goodwin, Blakely	
2 Kingsley-Pierson	A	2:01.16
Hill, Kaidynce	Metcalf, Kylie	
Muckey, Zoe	Hernandez, Yesenia	
3 Akron-Westfield	A	2:02.07
Utesch, Isabella	Frerichs, Tess	
Naslund, Addi	Gaswint, Avery	
4 Mmcru	A	2:02.67
Dirks, Aubrey	Draper, Ella	
Busch, Peyton	Tentinger, Tia	

Girls 4x400 Meter Relay

Track: 4:15.09 2004 Hinton

Team	Relay	Finals
Finals		
1 Kingsley-Pierson	A	4:54.44
Hansen, Ellie	Ryan, Jaide	
Hernandez, Yesenia	Evans, Delaney	
2 Akron-Westfield	A	5:03.45
Jager, Brooklyn	Utesch, Khai	
Rolfes, Brianna	Naslund, Addi	
3 Mmcru	A	5:18.50
Dirks, Aubrey	Prescott, Ava	
Cosgrove-Eide, Kierra	Staab, Hailey	

Girls 4x800 Meter Relay

Track: 10:09.49 2004 Hinton

Team	Relay	Finals
Finals		
1 Kingsley-Pierson	A	11:22.05
Putze, Rachel	Cameron, Kierstyn	
Cameron, Addisyn	Utesch, Brilee	
2 Akron-Westfield	A	12:04.62
Rolfes, Brianna	Utesch, Khai	
Lennon, Josie	Utesch, Isabella	
3 Mmcru	A	12:19.76
Tentinger, Tia	Staab, Hailey	
Juhl, Annika	Alesch, Chloe	

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Girls 800 Sprint Medley

Track: 1:54.31 2010 Unity

Team	Relay	Finals
Finals		
1 Kingsley-Pierson	A	1:58.23
Gilbert, Lexi	Beelner, Brooklyn	
Schlenger, Natalie	Trapp, Payton	
2 Kingsley-Pierson	A	2:06.87
Seglem, Caitlin	Metcalf, Kylie	
Wiig, Shaeley	Hansen, Ellie	
3 Mmcru	A	2:08.60
Busch, Peyton	Groves, Riley	
Draper, Ella	Tentinger, Tia	
4 Akron-Westfield	A	2:13.32
Jacobs, Josie	Fairbanks, Kaberlee	
Gaswint, Avery	Koch, Gabby	

Girls Distance Medley

Track: 4:24.31 2004 Gehlen

Team	Relay	Finals
Finals		
1 Kingsley-Pierson	A	4:51.26
Gilbert, Lexi	Trapp, Payton	
Schlenger, Natalie	Goodwin, Blakely	
2 Kingsley-Pierson	A	5:13.23
Metcalf, Kylie	Muckey, Zoe	
Hernandez, Yesenia	Ryan, Jaide	
3 Akron-Westfield	A	5:26.20
Less, Hannah	Rolfes, Brianna	
Utesch, Isabella	Lennon, Josie	
4 Mmcru	A	5:39.11
Busch, Peyton	Dirks, Aubrey	
Staab, Hailey	Lux, Aleah	

Girls 4x100 Meter Shuttle Hurdle

Track: 1:06.38 2004 Gehlen

Lane Team	Relay	Finals
Finals		
1 Kingsley-Pierson	A	1:21.61
Dausel, Jaedyn	Linden, Charity	
Anderson, Riley	Woodle, Hailey	
2 Mmcru	A	1:25.93
Groves, Riley	Heubrock, Macey	
Lux, Brielle	Moos, Kara	
3 Kingsley-Pierson	A	1:27.97
Meissner, Danika	Collins, Rae	
Brown, Avery	Koehler, Brylee	

Girls High Jump

Track: 5-06 2011 Kasey Reuter

Name	Team	Finals
Finals		
1 Kozora, Anna	KP	4-10.00
2 Evans, Delaney	KP	4-06.00

Girls Long Jump

Track: 17-05.50 2007 Kinsey Bak

Name	Team	Finals
Finals		
1 Gilbert, Lexi	KP	15-02.00
2 Seglem, Caitlin	KP	13-10.00
3 Hill, Kaidynce	JV	13-05.50
4 Harpenau, Sophia	STM	13-05.00
5 Jacobs, Josie	AKWE	13-00.75
6 Fetterman, Katlynn	JV	13-00.00
7 Juhl, Annika	MMCR	12-04.00
8 Heubrock, Macey	MMCR	11-01.00
9 Lennon, Josie	AKWE	9-10.00

Girls Shot Put

Track: 46-10 2016 Kiana Phelps

Name	Team	Finals
Finals		
1 Thole, Amy	GLR	28-01.00
2 Wetter, Ashley	MMCR	25-04.50
3 Gisolf, Danyka	GLR	24-09.00
4 Hill, Sami	MMCR	24-06.50
5 Olson, Kendra	AKWE	24-04.75
6 Streck, Kadence	KP	21-06.50
7 Huisinga, Keira	KP	21-01.00

Girls Discus Throw

Track: 161-03 2016 Kiana Phelps

Track: 123-02 2014 Kiana Phelps

Name	Team	Finals
Finals		
1 Hansen, Ellie	KP	103-05
2 Haken, Lindsey	GLR	98-07
3 Dausel, Jaedyn	KP	83-01
4 Alesch, Chloe	MMCR	81-03
5 Olson, Kendra	AKWE	70-09
6 Streck, Kadence	JV	67-04
7 Hurtado, Ashley	MMCR	66-05
8 Huisinga, Keira	JV	53-11